

The Mead



Statement of Purpose

The Mead
Castleford Close
Borehamwood WD6 4AL
Tel: 020 8953 8573
Fax: 020 8731 3961
E mail: mead@quantumcare.co.uk

www.quantumcare.co.uk

September 2009 – This document is available in other languages and formats on request. Please contact the home manager for details



Objectives

- ✚ The Mead aims to provide a happy and relaxed atmosphere
- ✚ We aim to deliver high quality care by supporting our residents, and involving them in decisions relating to their personal needs and care planning.
- ✚ We offer specialist care to people living with dementia.
- ✚ We aim to identify the needs and abilities of each individual person living with dementia, and to plan positive strategies for a beneficial outcome.
- ✚ We aim to work together with families, local professionals and other agencies.
- ✚ We provide four short stay beds, two of which are for people with dementia.
- ✚ We provide activities, outings and social gatherings.
- ✚ We will accept emergency admissions following a pre-admission assessment.

1. Facilities and Services

The Mead is a purpose-built home and can accommodate 60 male and female service users. The home is divided into 4 units of 15. Three rooms are designated for short stays; one for dementia care and the other for high needs service users. Accommodation is in single bedrooms with en-suite toilet facilities. There are communal shower and bathrooms that are fitted with assisted facilities and handrails for easy use, plus a pull cord alarm system.

The home provides a laundry service that covers service users' personal washing, drying and ironing. Unfortunately there are no facilities for hand washing and dry cleaning. All communal areas are designated as no smoking areas. If a service user wishes to smoke they must do so in their own room, following a risk assessment. Any staff who smoke have to leave the building and smoke outside.

If service users are able, after assessment, they will be supported to self medicate.

On admission, all service users are allocated a key worker. This worker will be responsible for ensuring the agreed care plan is kept up to date and reviewed regularly. They are responsible for coordinating the care and keeping informed of any developments. For suitable health care, service users are referred to a relevant specialist via the GP. Service users are registered with a local GP, Dentist and Optician as required. An optician, private chiropodist, district nurse, social worker and community psychiatric nurse all visit the home. A dentist will visit by arrangement if someone is immobile. A hairdressing team visits the home on Wednesdays and Thursdays, and a preference of hairdresser can be provided on request.

There are company menus supplied to all Quantum Care homes which are nutritionally balanced. These menus can be changed by substituting the main ingredients to suit local preference. There is also the facility to cater for individual preferences and one off changes can be requested. Menus are varied and can cater for special dietary needs, both medical and cultural. Drinks and snacks are freely available throughout the day.

All service users have an inventory of all personal possessions they bring to the home. A form can be downloaded from our website for families prior to admission at www.quantumcare.co.uk.

Service users may have telephones fitted in their rooms; a service receiving incoming calls only is free of charge. A service which includes an outgoing facility will be charged to the service user.

The home has a large enclosed garden with raised flowerbeds and two furnished patio areas. The gardens can be accessed via the dining rooms on the ground floor units or day centre, with an additional side entrance to the left of the home. We also have a therapeutic Sensory Room that is available on the ground floor.

2. Name and Address of Registered Manager

**Jeannie Crockett
The Mead
Castleford Close
Borehamwood
WD6 4AL**

Jeannie Crockett has worked as Manager at The Mead since 2005. Her qualifications and experiences include twenty-two years working in the care sector, along with a City & Guilds in Care Management, the NVQ level 4 in Care and The Registered Managers Award. Jeannie has recently completed the NOCN accredited Level 3 Leadership in Dementia Care.

3. Name and Address of the Registered Provider

**Quantum Care Ltd
4, Silver Court
Watchmead
Welwyn Garden City
Herts
AL7 1TS**

4. The Staff Team

The Mead has a stable core of experienced staff. Within the Management Team, NVQ achievements include levels 2,3,4. We also have an in-house NVQ Assessor who supports and assesses our staff team through their NVQ training. Many have already achieved an NVQ level 2 or 3 in Care, and we aim to train all our staff to this level. NVQs cover all of the core training required such as Manual Handling, Food Hygiene, First Aid, Fire Safety, and Safe Administration and Storage of Medication. There is also site-specific training available to our staff covering the special needs of service users such as Diabetes and Epilepsy.

All staff are CRB and POVA checked before they are able to commence employment. Two written references are taken up (one is always from the last employer)

5. Dementia Care Training

All of our staff working with people with a dementia have had specific training.

Our first level course is a basic introduction to dementia care. This course is normally held within the home and new staff members complete it within the first six weeks of employment.

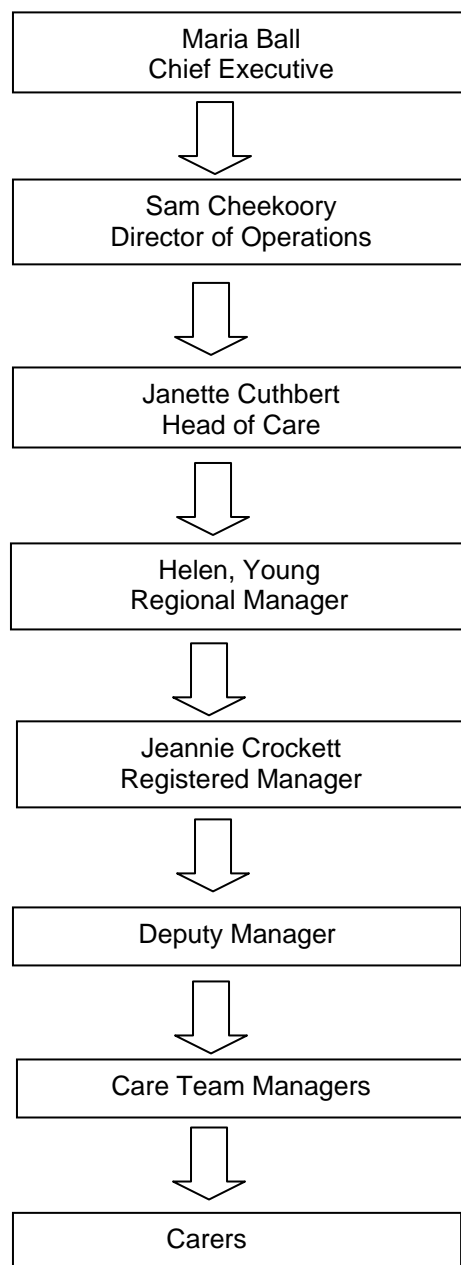
Staff can then attend a two and half day intermediate training session. This training goes into some detail about the different types of dementia and how they affect the individual. This involves the completion of a general project on dementia, and an additional project, concentrating on an individual with dementia. They spend time finding out about the unique life biography and the issues important to the person and their care. They look for ways of enhancing their well-being, and keep a diary of the things they have done and whether they were successful. The course is designed to give a better insight and understanding of behaviours, and helps staff to look at practical ways of assisting people.

The third training course is a twelve-module course called The Certificate in Dementia Care. This course looks in depth at the different types of dementia, and how they affect people. The aim of this training is to enable all staff working on a dementia unit to have a better understanding and insight of the disease. Again project work and hands-on experience is used to help staff learn.

We also have 'Dementia Care Mappers' in our home. Trained by The Bradford University, Dementia Group Mappers use a special set of judgement tools to look at how staff interact with residents. Mapping is normally done in pairs and involves spending time in one of our dementia units, for anything from two to five hours. This time is spent observing up to five residents in short five minute intervals. Staff learn to look at ways of enhancing and maintaining the well-being of residents with dementia. We also hold annual dementia talks in some of our homes. These talks are open to all relatives, visitors and staff.

Families please ask for our brochure 'Your Journey – Dementia Care Services' or find it on our website www.quantumcare.co.uk.

6. Organisational Structure



7. Age Range and Gender of Service Users.

The Mead is registered for 60 older men and women. There is no age restriction as long as the primary care need is age related.

There is an age restriction of 65 years and over if an applicant has additional specialist needs such as dementia or physical disabilities. We can only admit residents under 65 years with specialist needs if we apply for a variation to our registration. This may be possible in individual cases and we would consult CSCI, our registering body. This would take a short time to organise. A fee is payable for the variation.

8. The Range of Need the Home is Intended to Meet

The home will accept older people of any age that do not require nursing services outside of what the local community nursing services can offer. We care for people with a vast array of health problems and sensory disabilities. Admission is agreed following assessment. We also provide palliative care.

We specialise in dementia care. The home is registered to take people with physical disabilities and dementia, but there is an age restriction of 65 years and over for people falling into these two categories.

9. Dementia Care

The Mead has been awarded Hertfordshire County Council's accreditation for dementia care. This means we are recognised as a home providing Person Centered Care to our service users who live with dementia. Hertfordshire Contracts Department regularly inspects us to ensure we meet their accreditation standards.

We are committed to Person Centered Care and actively promote this approach. All staff are trained, and our philosophy is that care is given and offered as a right not a privilege.

We ensure care plans are compiled with the person concerned and their family to reflect the unique biography of the person. Care plans are designed to ensure that the physical, social and emotional needs of the person are known and that well-being is promoted. Residents are encouraged to make choices in all aspects of daily life wherever possible. We try to ensure continuity of previous life patterns and preferences and do all we can to preserve our residents quality of life. Hertfordshire County Council publish full standards their accredited homes are expected to meet. These are available in the foyer of each home and on our website www.quantumcare.co.uk

10. Nursing Care

Nursing Care is not provided at The Mead. If nursing is required by a resident, the community nurse would visit, following a referral from the General Practitioner.

11. Criteria for Admission

For admission to The Mead, please contact the Manager of the home directly. If you are being funded by Adult Care Services they must contact the home and refer you. An 'Assessment of Need' is carried out by the Home Manager (or Adult Care Services if they are funding the care package). Anyone requesting admission will be invited to visit the home with their family, advocate, or a friend.

All formal referrals will need to have:-

- **RC1 Service Request** form available from the Home Manager and on our website www.quantumcare.co.uk

For applicants funded by Adult Care Services:-

- **ACSf673a(EPD)Specialist Assessment for a Person Moving into 24 hour Care.** (This form is required if an applicant is being funded by Adult Care Services for either long or short term care)
- **Risk Assessments / Handling Assessments** to be attached by ACS if required..

NB: depending on the assessed needs, we may ask for additional information from other professionals to assist with the process

We can not offer admission to:

- People who require long-term nursing care that the community nursing service can not deliver at The Mead.
- People who are acutely ill and need hospital care.

Following an application, we will inform you by letter if you have been successful. If your application is unsuccessful we will give the reasons why.

If you are living with dementia and have been offered a service at The Mead, we ask for the following additional form:

- **Family History Form** which is available in the home or on our website www.quantumcare.co.uk

This needs to be completed by the family to assist the staff to provide suitable care.

Everyone is asked to sign a Contract on admission that sets out the terms about notice periods etc.

A standard trial period of six weeks is offered to everyone to help them decide whether they wish to continue living at The Mead and if the home can meet their individual care needs. This period of time can be extended to accommodate individual's wishes if required

The home accepts emergency admissions at the discretion of the Manager

12. Leisure

The Mead have two activity organisers that provide a range of activities and outings. We have musical and other entertainment throughout the year. Hobbies are discussed with the service user on admission, and attempts are made to cater for individual needs.

The Home has an on-going programme of activities, which can be viewed on the unit notice boards. This includes quizzes, bingo, board games, discussion groups, music & movement, plus other items of interest and seasonal entertainment.

13. Consultation

The staff team ensures that every service user has the opportunity to participate in the monthly in-house meeting. These meetings give everyone the opportunity to contribute their views to the running of the home.

Age Concern offers an independent advocacy service to the home and they visit monthly.

Questionnaires are sent out annually to residents' families and other stakeholders.

We hold an annual 'Home Forum' in The Mead. Relatives are invited to attend. At the forum we give information such as results of annual questionnaires and plans for the coming year. It is also an opportunity for relatives to give us personal feedback about the service from their perspective.

We also host talks on Dementia from time to time. They are advertised in the home when planned. These are presented by Sue Harrison, Learning and Development Manager or one of the senior team. They are always well attended and interesting.

14. Fire Precautions

The Home has an up to date fire risk assessment and an evacuation procedure for both day and night. Staff and Residents are involved in evacuation drills twice a year. We have weekly fire alarm checks and a fire prevention officer who visits the Home annually to inspect the premises.

All main doors and bedroom doors are fire doors and will withhold a fire for up to 30 minutes. Smoke detectors are fitted in every room. These are serviced and maintained on a regular basis.

15. Religious observance

Arrangements will be made for religious observance, in accordance with the expressed wishes and practices of individuals.

A local Church of England minister holds monthly church services in the home and other local ministers visit to offer communion. Other faiths can be provided for. Families are welcome to join in at any time. See our 'Residents Guide' for fuller details of what the home offers.

16. Visitors

Friends and family are encouraged to visit The Mead.

Staff welcome the information family and friends can give about a service user's past life. This helps to plan the care and activities the service user most likes.

The front door to the home is secured at all times. To gain entry, the doorbell must be used, and to exit a coded keypad operates. Visitors are asked to sign in and out of the building for health and safety reasons. If a fire broke out we would need to know which visitors are in the building at any given time.

We offer services to those living with dementia, but all service users are able to walk around the home and access the garden as they wish. Visitors do need to be cautious about allowing people that are moving around the home freely, to leave the building unescorted. This could put people at risk.

17. Complaint Procedure

“We welcome your views”

This procedure can be made available in other languages and formats on request. Please contact Quantum Care Limited at the address given below.

At Quantum Care we seek to provide a high standard of care in our services for older people.

Our customers' views are important to us and help us to ensure our services are consistently meeting peoples needs. If you are dissatisfied with any of our services we need to know.

Quantum Care assures you that service users and their families will not be victimised or have their services withdrawn/reduced for making a complaint in good faith.

If a complaint alerts us to possible abuse or neglect of service users we always forward details to Adult Care Services who then co-ordinate the investigation and monitor outcomes. Quantum Care co-operate with Adult Care Services in respect of complaints, investigation and resolution. Additionally, Quantum Care may invoke their Staff disciplinary procedures where a complaint indicates that our Staff may have been directly at fault.

If you wish to make a suggestion

Often people feel happier about making a suggestion for improvement rather than entering in to a more formal complaint. Anyone receiving services and their friends and family may make a suggestion at any time.

Who to contact

In the first instance you should speak to the Home Manager or Duty Manager at the Home providing the services. Often our homes have a Comment/Suggestion box that you can use if you wish. If the suggestion is something that Quantum Care as a company needs to consider you can send it in writing to:-

The Director of Operations,
Quantum Care Limited,
Freepost,
Welwyn Garden City,
Herts,
AL7 1BR
Email: V_Cushen@quantumcare.co.uk
Telephone No: 01707 393293
Direct Line: 01707 368208
Fax No: 01707 368283

What will happen?

This will depend on the nature of your comments, but any action required will be communicated to you if you provide your contact details.

If you wish to complain

We accept complaints from anyone receiving a service from Quantum Care. We will also accept complaints from a representative acting on a service user's behalf. If a service user needs the assistance of an advocate, Age Concern provide a free and independent advocacy service. They can be contacted on their information line 0845 6013446 (local rate). We will endeavour to provide interpreters if required.

We have a two stage process for complaints:

Stage 1

Who to contact

You should first bring your concerns to the attention to the Manager of the Home or service that you are receiving. Complaints may be made by telephone, email, personal visit or letter.

If the complaint concerns the Home Manager, you should contact the Director of Operations at our Head Office. The contact details appear below.

What will happen?

The service will acknowledge your complaint in writing or in a format accessible to you. The letter will confirm the name of the person investigating your complaint, which would normally be the Home Manager. A report on the outcome will be given both verbally and in writing. Complaints to the Home will usually be dealt with in 10 working days.

If you are not satisfied with the outcome of your complaint you can move on to stage 2.

Stage 2

Who to contact

The Director of Operations,
Quantum Care Limited,
Freepost,
Welwyn Garden City,
Herts,
AL7 1BR

Email: V_Cushen@quantumcare.co.uk

Telephone No: 01707 393293

Direct Line: 01707 368208

Fax No: 01707 368283

Complaints may be made by telephone, e mail, personal visit or letter.

What will happen?

The Director of Operations or one of the senior team will contact you if your communication is not in writing, to clarify a complaint. An investigation will then be carried out by one of the senior team at Head Office. The Director of Operations will write acknowledging your complaint and tell you who is investigating on his behalf. In most cases we will provide a written response within 20 working days. This will include an account of the investigation, clear findings and recommendations where necessary.

Further steps

If at any stage you are not happy you can refer your complaint to Adult Care Services. This should be addressed to:-

The Client Relations Manager
Adult Care Services
(SFAR209)
Farnham House
Six Hills Way
Stevenage
SG1 2FQ

Telephone: 0300 1234042

Complaint forms are available. A form can be posted to you or accessed via Hertfordshire County Council's website www.hertsdirect.org

Additionally you can alert the inspectorate at the address below at any time:

CQC Eastern

Citygate
Gallowgate
Newcastle upon Tyne
NE1 4PA

Tel: 03000 616161

Email: enquiries.eastern@cqc.org.uk

NB: The Commission inspect our homes but do not investigate individual complaints

“Quantum Care expects the highest standards of conduct from all its employees and will treat seriously any concern that a customer may have”.

Revised 1st April 2009

18. Review of Service Users Plan

The service users 'Care Plan' is a document that details the care that the individual requires and how it is to be delivered.

This is reviewed by the care staff in the home at least once a month. A monthly summary is recorded to update and reflect changing requirements and current objectives for health and personal care.

A more detailed review is completed annually, usually at a review meeting when family and professionals will be invited to attend. Reviews can be held more often if needed. A resident, their family or a professional may request additional reviews during the year if required.

19. The Number and Size of the Rooms.

60 Bedrooms 12.16m
4 Lounges 30.19m
4 Dining rooms are 30.76m
Kitchenettes are 7.68m
Day Centre 56.11m

We also have a large laundry, main kitchen, offices and staff areas.

The Mead has pleasant gardens with shrubs and garden furniture. We have patios that are wheelchair friendly for residents and families to use.

20. Specific Therapeutic Techniques

If service users require any specific therapies, they can be made available through a referral process.

We have a Sensory Room for relaxation.

21. Arrangements for Dignity and Privacy

Each person has their own room and if they wish they can hold a key to that room. In every room a lockable space is provided for personal possessions.

We have a knock and wait policy where staff knock on a service user's bedroom door and wait to be invited in.

GP and other professional consultations are carried out in the privacy of the service user's room.

The views of the service user are taken into account in all areas of care; the care plan reflects each resident's choice. Personal care is carried out on an individual basis and all service users' preferences will be accommodated wherever possible.

All staff are trained to read care plans and carry out as far as possible the service users' wishes. Service users are addressed by their preferred name.

Service users' views are sought through one to one conversation, unit meetings and at reviews.

The care plan will record any special arrangements for personal care.