

Meresworth



Statement of Purpose

Meresworth
Dellwood, Field Way
Rickmansworth WD3 7EJ
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E mail: meresworth@quantumcare.co.uk

www.quantumcare.co.uk

October 2010 – This document is available in other languages and formats on request. Please contact the Home Manager for details



Objectives

- Meresworth aims to provide a happy and relaxed atmosphere
- We aim to deliver high quality care by supporting our residents, and involving them in decisions relating to their personal needs and care planning.
- We offer specialist care to people living with dementia.
- We aim to identify the needs and abilities of each individual person living with dementia, and to plan positive strategies for a beneficial outcome.
- We aim to work together with families, local professionals and other agencies.
- We provide two short stay beds, one of which are for people with dementia.
- We provide activities, outings and social gatherings.
- We will accept emergency admissions following a pre-admission assessment.

1. Facilities and Service

Meresworth was purpose built in 1998 and is a 51 bedded home, situated in Rickmansworth. It is divided into 4 units, namely: Lynsters, Batchworth, Stockers and Pynesfield – 2 units on the first floor and 2 units on the ground floor. All of our rooms are single rooms with en-suite facilities, telephone and television points. There is wheelchair accessibility throughout the building.

The furnishings are designed to create a warm and happy atmosphere. The home provides its residents with modern comforts in a very friendly and welcoming atmosphere.

We have musical and other entertainment throughout the year. Hobbies are discussed with the service user on admission and we make every effort to cater for individual needs.

We have 10 clients a day attending our day centre from Monday to Friday.

In the evening and at weekends, the day centre room is available for the use of service users with their relatives and friends for social events and parties.

The chef and catering team provide a choice of menus daily and are experienced in meeting the needs of our residents with special diets.

Residents are encouraged to express their preferences for the contents of the menus. Snacks and drinks are available throughout the day.

1. Facilities and Service (cont'd)

Meresworth is a non-smoking home. The designated smoking area for any resident who smokes is in the garden.

Meresworth is proud to have three delightful well-planned gardens, two of which have water features and a walkway to enable residents, wheelchair users and visitors to walk safely through the gardens.

On admission, all service users are allocated a key worker. This worker will be responsible for ensuring the agreed Care Plan is kept up to date and reviewed regularly. They are responsible for co-ordinating the care and keeping everybody informed of any developments. If service users are able, after assessment, they will be supported to self medicate.

For suitable health care, service users are referred to a relevant specialist via the GP. Service users are registered with a local GP, dentist and optician as required. An optician, private chiropodist, district nurse, social worker and community psychiatric nurse all visit the home. A dentist will visit by arrangement if someone is immobile.

A hairdresser visits Meresworth every Wednesday and alternative Friday.

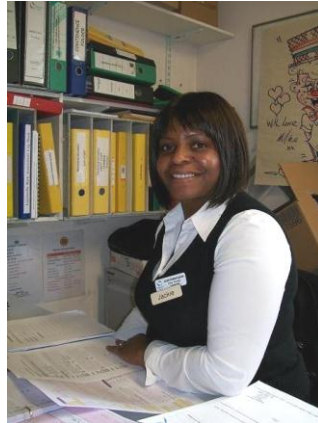
There are company menus supplied to all Quantum Care homes which are nutritionally balanced. These menus can be changed by substituting the main ingredients to suit local preferences, and one off changes can be requested.

All service users have an inventory of all personal possessions they bring to the home. An Inventory Form is available for families to download in the Families section of our website www.quantumcare.co.uk

A telephone is provided for service users' use. Special adaptations for those with hearing impairment would be added if required.

2. Name and Address of Registered Manager

Jackie Makwangwala



**Meresworth
Dellwood, Fieldway,
Rickmansworth, Hertfordshire WD3 7EJ**

I have worked in the care sector since 1995.

I joined Quantum Care in 1998 as a Careworker at Vesta Long in St Albans, Hertfordshire. I progressed to Care Team Manager and then became a Deputy Home Manager. I did my secondment as a Home Manager for 8 months at Vesta Lodge and then became a Home Manager at Meresworth, Rickmansworth on the 1st of September 2010.

My qualifications are:-

- NVQ3 & NVQ4 in Health and Social Care
- Level 2 in Safe Management of Medication
- ILM3 in Management
- Champion in Dementia Care
- CIEH in Manual Handling and Health & Safety
- NVQ Assessor in Health & Social Care
- Appointed Persons First Aid
- NOCN Dementia Leadership Programme Level 3
- All Mandatory In-house Trainer

3. Name and Address of the Registered Provider

Quantum Care Ltd
4, Silver Court
Watchmead
Welwyn Garden City
Herts
AL7 1TS

4. The Staff Team

Meresworth has a team of approximately 50 support workers. The team is diverse and ranges from 1 year to 35 years experience.

We expect our care workers to complete their NVQ 2 in Direct Care and continue their development through training. Dedicated night teams maintain care for the residents during the night; a Care Team Manager is always on duty. The catering team, led by a Chef Manager, provides nutritious meals and snacks, and caters for all special dietary requirements. A team overseen by the Housekeeping Manager maintains a clean fresh environment. We have 12 Administrator supporting the staff, who works Monday to Friday. All staff are CRB and POVA checked before they are able to commence employment. Two written references are taken up (one is always from the last employer). All staff undertake mandatory training such as, Moving and Handling, First Aid and Fire Safety.

5. Dementia Care Training

All of our staff working with people with a dementia have had specific training. Our first level course is a basic introduction to dementia care. This course is normally held within the home and new staff members complete it within the first six weeks of employment.

Staff can then attend a two and half day intermediate training session. This training goes into some detail about the different types of dementia and how they affect the individual. This involves the completion of a general project on dementia, and an additional project, concentrating on an individual with dementia. They spend time finding out about the unique life biography and the issues important to the person and their care. They look for ways of enhancing their well-being, and keep a diary of the things they have done and whether they were successful. The course is designed to give a better insight and understanding of behaviours, and helps staff to look at practical ways of assisting people.

The third training course is a twelve-module course called The Certificate in Dementia Care. This course looks in depth at the different types of dementia, and how they affect people. The aim of this training is to enable all staff working on a dementia unit to have a better understanding and insight of the disease. Again project work and hands-on experience is used to help staff learn.

We also have 'Dementia Care Mappers' in our home. Trained by The Bradford University, Dementia Group Mappers use a special set of judgement tools to look at how staff interact with residents. Mapping is normally done in pairs and involves spending time in one of our dementia units, for anything from two to five hours. This time is spent observing up to five residents in short five minute intervals. Staff learn to look at ways of enhancing and maintaining the well-being of residents with dementia. We also hold annual dementia talks in some of our homes. These talks are open to all relatives, visitors and staff.

Families please ask for our brochure 'Your Journey – Dementia Care Services' or find it on our website www.quantumcare.co.uk.

7. Age Range and Gender of Service Users

Meresworth is registered for 51 older men and women. There is no age restriction as long as the primary care need is age related. There is an age restriction of 65 years and over if an applicant has additional specialist needs such as dementia or physical disabilities. We can only admit residents under 65 years with specialist needs if we apply for a variation to our registration. This may be possible in individual cases and we would consult CSCI, our registering body. This would take a short time to organise. A fee is payable for the variation.

8. The Range of Need the Home is intended to Meet

The home will accept older people of any age that do not require nursing services outside of what the local community nursing services can offer. We care for people with a vast array of health problems and sensory disabilities. Admission is agreed following assessment. We also provide palliative care.

We specialise in dementia care. The home is registered to take people with physical disabilities and dementia, but there is an age restriction of 65 years and over for people falling into these two categories.

9. Dementia Care

Meresworth has been awarded Hertfordshire County Council's accreditation for dementia care. This means we are recognised as a home providing Person Centered Care to our service users who live with dementia. Hertfordshire Contracts Department regularly inspects us to ensure we meet their accreditation standards.

We are committed to Person Centered Care and actively promote this approach. All staff are trained, and our philosophy is that care is given and offered as a right not a privilege.

We ensure care plans are compiled with the person concerned and their family to reflect the unique biography of the person. Care plans are designed to ensure that the physical, social and emotional needs of the person are known and that well-being is promoted. Residents are encouraged to make choices in all aspects of daily life wherever possible. We try to ensure continuity of previous life patterns and preferences and do all we can to preserve our residents quality of life. Hertfordshire County Council publish full standards their accredited homes are expected to meet. These are available in the foyer of each home and on our website www.quantumcare.co.uk

10. Nursing Care

Nursing care is not provided at Meresworth. If nursing is required by a resident the community nurse would visit, following a referral from the GP.

11. Criteria for Admission

For admission to Meresworth, please contact the Manager of the home directly. If you are being funded by Adult Care Services they must contact the home and refer you. An 'Assessment of Need' is carried out by the Home Manager (or Adult Care Services if they are funding the care package). Anyone requesting admission will be invited to visit the home with their family, advocate, or a friend.

All formal referrals will need to have:-

- **RC1 Service Request** form available from the Home Manager and on our website www.quantumcare.co.uk

For applicants funded by Adult Care Services:-

- **ACSf673a(EPD)Specialist Assessment for a Person Moving into 24 hour Care.** (This form is required if an applicant is being funded by Adult Care Services for either long or short term care)
- **Risk Assessments / Handling Assessments** to be attached by ACS if required..

NB: depending on the assessed needs, we may ask for additional information from other professionals to assist with the process

We can not offer admission to:

- People who require long-term nursing care that the community nursing service can not deliver at Meresworth.
- People who are acutely ill and need hospital care.

Following an application, we will inform you by letter if you have been successful. If your application is unsuccessful we will give the reasons why.

If you are living with dementia and have been offered a service at Meresworth, we ask for the following additional form:- **Family History Form** which is available in the home or on our website www.quantumcare.co.uk

This needs to be completed by the family to assist the staff to provide suitable care.

Everyone is asked to sign a Contract on admission that sets out the terms about notice periods etc.

A standard trial period of six weeks is offered to everyone to help them decide whether they wish to continue living at Meresworth and if the home can meet their individual care needs. This period of time can be extended to accommodate individual's wishes if required

The home accepts emergency admissions at the discretion of the Home Manager.

12. Leisure

Meresworth benefits from one Activity Co-ordinator, Belinda Spiteri.

There is a comprehensive planned activities programme – and in our experience, the most successful are the ‘ad-hoc’ which are client led. Examples of this could be sing-a-longs, ball games, jigsaws or communal crossword games, amongst many others.

Friends of Meresworth

At Meresworth we have an active ‘Friends’ group who support some of our activities, and are always looking for new ways to enhance the lives of our residents. They take the shop trolley around the home twice a week for the residents to purchase toiletries or sweets etc. They also organise a Library round once a week. They are very active in raising money for projects for Meresworth.

Gardens

We have adapted our main garden with extra walkways for residents to walk safely. Those who live with dementia derive considerable benefit from this. A sensory garden has also been developed in Lynsters garden. All the residents are able to walk freely in the public areas of the home and a sun room is available for everybody to enjoy the garden during inclement weather.

13. Consultation

The staff team ensures that every service user has the opportunity to participate in the monthly in-house meeting. These meetings give everyone the opportunity to contribute their views to the running of the home.

Age UK offers an independent advocacy service to the home and they visit monthly.

Questionnaires are sent out annually to residents’ families and other stakeholders.

We hold an annual ‘Home Forum’ in Meresworth, and all relatives are invited to attend. At the forum we give information such as results of annual questionnaires and plans for the coming year. It is also an opportunity for relatives to give us personal feedback about the service from their perspective.

We also host talks on Dementia from time to time. They are advertised in the home when planned. These are presented by Sue Harrison, Learning and Development Manager or one of the senior team. They are always well attended and interesting.

14. Fire Precautions

The Home has an up to date fire risk assessment and an evacuation procedure for both day and night.

Staff and Residents are involved in evacuation drills twice a year. We have weekly fire alarm checks and a fire prevention officer who visits the Home annually to inspect the premises.

All main doors and bedroom doors are fire doors and will withhold a fire for up to 30 minutes. Smoke detectors are fitted in every room. These are serviced and maintained on a regular basis.

15. Religious observance

Arrangements will be made for religious observance, in accordance with the expressed wishes and practices of individuals. Present arrangements include:

Ministers from the local church conduct a church service on Sundays, with Communion once a month on a weekday. Representatives from the local Catholic church also attend to offer Communion.

Families are welcome to join in at any time.

See our 'Residents Guide' for fuller details of what the home offers.

16. Visitors

Friends and family are encouraged to visit Meresworth.

Staff welcome the information family and friends can give about a service user's past life. This helps to plan the care and activities the service user most likes.

The front door to the home is secured at all times. To gain entry, the doorbell must be used and to exit a coded keypad operates. Visitors are asked to sign in and out of the building for health and safety reasons. If a fire broke out we would need to know which visitors are in the building at any given time.

We offer services to those living with dementia, but all service users are able to walk around the home and access the garden as they wish. Visitors do need to be cautious about allowing people that are moving around the home freely, to leave the building unescorted. This could put people at risk.

17. Complaint Procedure

“We welcome your views”

This procedure can be made available in other languages and formats on request. Please contact Quantum Care Limited at the address given below.

At Quantum Care we seek to provide a high standard of care in our services for older people.

Our customers' views are important to us and help us to ensure our services are consistently meeting peoples needs. If you are dissatisfied with any of our services we need to know.

Quantum Care assures you that service users and their families will not be victimised or have their services withdrawn/reduced for making a complaint in good faith.

If a complaint alerts us to possible abuse or neglect of service users we always forward details to Adult Care Services who then co-ordinate the investigation and monitor outcomes. Quantum Care co-operate with Adult Care Services in respect of complaints, investigation and resolution. Additionally, Quantum Care may invoke their Staff disciplinary procedures where a complaint indicates that our Staff may have been directly at fault.

If you wish to make a suggestion

Often people feel happier about making a suggestion for improvement rather than entering in to a more formal complaint. Anyone receiving services and their friends and family may make a suggestion at any time.

Who to contact

In the first instance you should speak to the Home Manager or Duty Manager at the Home providing the services. Often our homes have a Comment/Suggestion box that you can use if you wish. If the suggestion is something that Quantum Care as a company needs to consider you can send it in writing to:-

The Director of Operations,
Quantum Care Limited
Freepost
Welwyn Garden City
Hertfordshire
AL7 1BR
Email: S_Stevens@quantumcare.co.uk
Telephone No: 01707 393293
Direct Line: 01707 368208
Fax No: 01707 368283

What will happen?

This will depend on the nature of your comments, but any action required will be communicated to you if you provide your contact details.

17. Complaint Procedure (cont'd)

If you wish to complain

We accept complaints from anyone receiving a service from Quantum Care. We will also accept complaints from a representative acting on a service user's behalf. If a service user needs the assistance of an advocate, Age UK provide a free and independent advocacy service. They can be contacted on their information line 0845 6013446 (local rate). We will endeavour to provide interpreters if required.

We have a two stage process for complaints:

Stage 1

Who to contact

You should first bring your concerns to the attention to the Manager of the Home or service that you are receiving. Complaints may be made by telephone, email, personal visit or letter.

If the complaint concerns the Home Manager, you should contact the Director of Operations at our Head Office. The contact details appear below.

What will happen?

The service will acknowledge your complaint in writing or in a format accessible to you. The letter will confirm the name of the person investigating your complaint, which would normally be the Home Manager. A report on the outcome will be given both verbally and in writing. Complaints to the Home will usually be dealt with in 10 working days.

If you are not satisfied with the outcome of your complaint you can move on to stage 2.

Stage 2

Who to contact

The Director of Operations
Quantum Care Limited
Freepost
Welwyn Garden City
Herts
AL7 1BR
Email: S_Stevens@quantumcare.co.uk
Telephone No: 01707 393293
Direct Line: 01707 368208
Fax No: 01707 368283

Complaints may be made by telephone, e mail, personal visit or letter.

17. Complaint Procedure (cont'd)

What will happen?

The Director of Operations or one of the senior team will contact you if your communication is not in writing, to clarify a complaint. An investigation will then be carried out by one of the senior team at Head Office. The Director of Operations will write acknowledging your complaint and tell you who is investigating on his behalf. In most cases we will provide a written response within 20 working days. This will include an account of the investigation, clear findings and recommendations where necessary.

Further steps

If at any stage you are not happy you can refer your complaint to Adult Care Services. This should be addressed to:-

The Client Relations Manager
Adult Care Services
(SFAR209)
Farnham House
Six Hills Way
Stevenage
SG1 2FQ

Telephone: 0300 1234042

Complaint forms are available. A form can be posted to you or accessed via Hertfordshire County Council's website www.hertsdirect.org

You also have the right to take your complaint to The Local Government Ombudsman. They can be contacted at:

Phone: 0300 061 0614 or 0845 602 1983

Email: advice@lgo.org.uk

Post:

PO Box 4771, Coventry, CV4 0EH

Fax: 024 7682 0001

Internet: www.lgo.org.uk

Mobile: text "call back" to 0762 480 4299

NB. The Local Government Ombudsman cannot consider your complaint if it has not been dealt with by Quantum Care first. Also, they are not able to consider complaints where the complainant is instigating legal proceedings.

17. Complaint Procedure (cont'd)

Even though The Care Quality Commission cannot investigate an individual complaint their role is to develop and improve services. You may inform them of your complaint for information purposes at any time. They can be contacted at:

Care Quality Commission
National Correspondence
Citygate, Gallowgate
Newcastle upon Tyne NE1 4PA

Telephone: 03000 616161
Fax: 03000 616171

“Quantum Care expects the highest standards of conduct from all its employees and will treat seriously any concern that a customer may have”.

Revised March 2011

18. Review of Service Users Plan

The service users 'Care Plan' is a document that details the care that the individual requires and how it is to be delivered. This is reviewed by the care staff in the home at least once a month. A monthly summary is recorded to update and reflect changing requirements and current objectives for health and personal care. A more detailed review is completed annually, usually at a review meeting when family and professionals will be invited to attend. Reviews can be held more often if needed. A resident, their family or a professional may request additional reviews during the year if required.

19. The Number and Size of the Rooms

51 Bedrooms - 12 sq m

We also have a large laundry, main kitchen, offices and staff areas.

Meresworth has pleasant gardens with shrubs and garden furniture. We have patios that are wheelchair friendly for residents and families to use. During good weather we have a summer house for families and residents to use if they would like to sit in the shade.

21. Arrangements for Dignity and Privacy

Each person has their own room and if they wish they can hold a key to that room. In every room a lockable space is provided for personal possessions. We have a knock and wait policy where staff knock on a service user's bedroom door and wait to be invited in.

GP and other professional consultations are carried out in the privacy of the service user's room. The views of the service user are taken into account in all areas of care; the care plan reflects each resident's choice. Personal care is carried out on an individual basis and all service users preferences will be accommodated wherever possible. All staff are trained to read care plans and carry out as far as possible the service users' wishes. Service users are addressed by their preferred name. Service users' views are sought through one to one conversation, unit meetings and at reviews. The care plan will record any special arrangements for personal care.