



QUANTUM CARE HOMES' EVENTS AUGUST CALENDAR 2019

Homes listed alphabetically A-Z

This document is a live document and is continuously being updated. It provides details of forthcoming events being held at Quantum Care homes. Information is up-to-date at time of issue although is continually being updated. Events and activities listed can be subject to change hence why we recommend contact is made prior to attending.

**All enquiries regarding these events should be made
direct to the homes.**

Last updated: 8th August 2019

Anson Court, Shackleton Way, Welwyn Garden City AL7 2FF
Tel: 01707 379700 / Email: anson@quantumcare.co.uk

Home	Date	Event	Description	Attending
Anson Court	Fri 19 Jul 10:00 AM to 1:00 PM	Tina's clothing	Tina's clothing company to visit Anson Court 10-1pm Best Friends Cafe	Private Event
Anson Court	Fri 19 Jul 2:30 PM to 3:30 PM	Clock Cricket	Friday 19th July Clock Cricket 2.30 pm place to be announced	Private Event
Anson Court	Thu 25 Jul	Paul David sings	Paul David sings	Private Event
Anson Court	Wed 7 Aug 9:00 AM to 5:00 PM	Tesco Supply Chain	Tesco Supply Chain come for tea cake and a chat	Private Event
Anson Court	Wed 7 Aug 11:00 AM to 1:00 PM	Bernie entertains	Bernie entertains 11-1 Cowboys and Indians in the Day Centre	Private Event
Anson Court	Sun 11 Aug 11:00 AM to 1:00 PM	National Son and Daughter Day	cream tea, reminiscing, photos with sons and daughters	Private Event
Anson Court	Fri 16 Aug 11:00 AM to 12:00 PM	Paul David sings	Paul David sings 11-12 The Best Friends Cafe	Private Event
Anson Court	Wed 21 Aug 10:30 AM to 12:30 PM	Ian Art Therapy	Ian Art Therapy 10.30-12.30 The Best Friends Cafe	Private Event
Anson Court	Thu 22 Aug 9:00 AM to 5:00 PM	Tesco Supply Chain	Tesco Supply Chain come for tea cake and a chat	Private Event
Anson Court	Fri 23 Aug 10:30 AM to 12:30 PM	Clock Cricket	Clock Cricket place to be arranged	Private Event
Anson Court	Fri 30 Aug 11:00 AM to 12:00 PM	Dave Brierly	Dave Brierly 11-12 The Best Friends Cafe	Private Event

Regular Weekly Events:

Monday: (am) Seated exercises with Jenny, afternoon there is a Namaste session between 2-3pm

Tuesday: Afternoon is Film night at 3pm, evening is Bingo night at 6:30PM in Day Centre

Wednesday: 11am-12noon is Oomph Exercise Session in the Day Centre / 4:30-7:30pm Pub Night with friends of Welwyn care homes

Thursday: Bus trip out / 11am Food Tasting / 11am Knit and Natter group in Best Friends Cafe

Friday: Oomph is 11:15 am

Saturday: Coffee Morning in the Best Friends Café 10:30-12:30pm-Open to the public

Sunday: Resident's choice of activities

Monday, Thursday and Saturday : Has a hairdresser come in.

**Beane River View, 1 Beane View, Port Vale, Hertford SG14 3UD
(Tel: 01992 503619/Email: beane@quantumcare.co.uk)**

Home	Date	Event	Description	Attending
Beane River View	Tue 30 Jul 6:00 PM to 7:30 PM	Pub Quiz	Pub Quiz	Private Event
Beane River View	Wed 31 Jul 11:00 AM to 12:00 PM	Swimming with residents	Swimming with residents	Private Event
Beane River View	Wed 31 Jul 2:30 PM to 3:30 PM	Lisa Garrity playing Saxophone	Lisa Garrity playing Saxophone	Private Event
Beane River View	Thu 1 Aug 11:30 AM to 12:30 PM	Dennis - Live Entertainment	Dennis - Live Entertainment	Private Event
Beane River View	Mon 5 Aug 12:00 AM to 1:00 AM	Birthdays at brv	Birthdays at brv	Private Event
Beane River View	Tue 6 Aug 6:00 PM to 7:00 PM	Pub quiz	Pub quiz	Private Event
Beane River View	Wed 7 Aug 11:00 AM to 12:00 PM	Swimming with residents	Swimming with residents	Private Event
Beane River View	Wed 14 Aug 11:00 AM to 12:00 PM	Swimming with residents	Swimming with residents	Private Event
Beane River View	Wed 21 Aug 11:00 AM to 12:00 PM	Exercises with Anastaia	Exercises with Anastaia	Private Event
Beane River View	Thu 29 Aug 11:00 AM to 11:30 AM	Silent Disco with Sharon	Silent Disco with Sharon	Private Event

Regular Weekly Events:

Every Tuesday- Knitting with Mary From 11-1pm

Every Thursday- Move and Groove every other Thursday am- Residents Only

Every Thursday- Film Club with Bernie every other Thursday pm

Every Friday is armchair exercise From 2pm

**Belmont View, Hailey Drive, Hailey Lane, Hailey, Hoddesdon SG13
7NY**

Tel: 01992 450304 / Email: Belmont@quantumcare.co.uk

Home	Date	Event	Description	Attending
Belmont View	Tue 23 Jul 10:00 AM to 7:00 PM	Gorgeous Grandma Day	AM: Pampering session the morning for our ladies PM: Grandma Tea Party 5PM: Live Music	Private Event
Belmont View	Mon 29 Jul 10:00 AM to 5:00 PM	International Tiger Day	Trip to Paradise Park Zoo	Private Event
Belmont View	Tue 30 Jul 1:00 PM to 5:00 PM	International Friendship Day	PM: Friends Tea Party Residents to invite their friends for tea	Private Event
Belmont View	Thu 1 Aug 3:00 PM to 5:00 PM	Colouring Book Day	Art Therapy - Family Members welcome	Private Event
Belmont View	Fri 2 Aug 10:30 AM to 12:30 PM	Chocolate Chip Day!	Baking Davison 2nd Lounge - Family Members welcome	Private Event
Belmont View	Mon 5 Aug 5:00 PM to 7:00 PM	Social Dinner Club	By Invite Only!	Private Event
Belmont View	Thu 8 Aug 2:30 PM to 4:30 PM	Bowling Day!	Bowling Competition Garden - Family Members welcome	Private Event
Belmont View	Tue 13 Aug 2:30 PM to 3:30 PM	World Calligraphy Day!	Residents to write a letter to a loved one - Family Members welcome	Private Event
Belmont View	Wed 14 Aug 11:00 AM to 5:00 PM	Paradise Park Zoo	Davison Lounge trip - Family Members welcome	Private Event
Belmont View	Wed 14 Aug 5:00 PM to 7:00 PM	Social Dinner Club	By Invite Only!	Private Event
Belmont View	Thu 15 Aug 5:00 PM to 7:00 PM	National Son and Daughter Day	Tea Party - Family Members invited	Private Event

			to join their loved ones for a meal	
Belmont View	Fri 16 Aug 11:30 AM to 3:30 PM	Relaxation Day	Relaxation Day (Hand Massage, Foot Spa with soft lights and soft music in the background)	Private Event
Belmont View	Sat 17 Aug 11:30 AM to 4:00 PM	Belmont's Summer Fair	Mexican Fiesta! Garden to be decorated accordingly, Mexican food to be served such as Tacos, Burritos, Guacamole. Mexican drinks such as Aguas Frescas, soft Margaritas etc). Fun Themed Games and Photo Booth . Several Stalls (with a very special stall to	Public Event
Belmont View	Mon 19 Aug 5:00 PM to 7:00 PM	Social Dinner Club	By Invite Only!	Private Event
Belmont View	Tue 20 Aug 11:30 AM to 1:30 PM	Pub Lunch – Stansted Abbots	Invite 6 Residents to go out for Lunch	Private Event
Belmont View	Wed 21 Aug 2:30 PM to 3:30 PM	G. Fitness	G Fitness	Private Event
Belmont View	Thu 22 Aug 11:00 AM to 12:30 PM	World Photo Day	Portable Photo Booth to go around the home and select a few residents to be the photographers for a day - Family Members welcome	Private Event
Belmont View	Tue 27 Aug 11:00 AM to 12:00 PM	Silent Disco	Silent Disco	Private Event
Belmont View	Wed 28 Aug 3:00 PM to 5:45 PM	Notting Hill Carnival Party!	Dressing up and the best outfit to be judge by the residents - Live Music 16.30-17.30	Private Event

Belmont View	Thu 29 Aug 11:30 AM to 12:30 PM	Picnic – Waltham Abbey	By Invite Only! 11:30 start	Private Event
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Regular Events

Every Monday and Thursday Morning- Breakfast Club from 8:00-10:00am

Every Monday- Pet Therapy from 11:00am, Pampering in the afternoon

Every Tuesday, Wednesday and Friday morning- Oomph

Every Tuesday Night- Choir from 6pm

Every Tuesday, Wednesday, Thursday and Friday Morning- Tea & Toast from 9:30am-10:30am

Every other Wednesday is the social dinner club- From 5:00pm

Every Thursday- Pearl's Pub Night from 6pm

Every Tuesday and Thursday- One2One from 2-4pm

Every Day- Namaste Sessions-Treetops Lounge every day from 11am

Courtland Lodge, Courtlands Close, Watford, WD24 5GW
Tel: 01923 681231 / Email: courtland@quantumcare.co.uk

Home	Date	Event	Description	Attending
Courtland Lodge	Tue 30 Jul 10:00 AM to 4:00 PM	Capel manor trip	Minibus outing to Capel manor	Private Event
Courtland Lodge	Thu 1 Aug 11:00 AM to 1:00 PM	Zoo lab visit	Zoo lab visit	Private Event
Courtland Lodge	Tue 6 Aug 11:00 AM to 12:00 PM	Dave Brierley entertains	Dave Brierley entertains	Private Event
Courtland Lodge	Wed 7 Aug 11:00 AM to 12:00 PM	Holy communion	Holy communion	Public Event
Courtland Lodge	Tue 20 Aug 11:00 AM to 1:00 PM	Dez performing pets	Dez performing pets	Private Event

Regular Events

Every Friday – 10am Kingswood Nursery school visit, Afternoons is “Needles and Thread” group doing either knitting, crochet or sewing

**Dukeminster Court, Dukeminster Road, Dunstable, LU5 4FF
Tel: 01582474700 Email:Dukeminster@quantumcare.co.uk**

Home	Date	Event	Description	Attending
Dukeminster Court	Fri 19 Jul 11:00 AM to 1:00 PM	Amanda Singer Entertainer	11am Amanda Singer	Private Event
Dukeminster Court	Sat 20 Jul 12:00 PM to 12:00 PM	Party in the Park	12pm-2pm Party in the Park Grove House Dunstable	Private Event
Dukeminster Court	Sun 21 Jul 2:00 PM to 4:00 PM	Pimms O'Clock!	Pimms in the garden	Private Event
Dukeminster Court	Tue 23 Jul 10:00 AM to 4:00 PM	Queen's Trip	Queen's Trip	Private Event
Dukeminster Court	Thu 25 Jul 10:00 AM to 4:00 PM	Windmill Trip	Trip Windmill	Private Event
Dukeminster Court	Fri 26 Jul 10:00 AM to 12:00 PM	Coffee Morning	Coffee Morning	Private Event
Dukeminster Court	Sun 28 Jul 2:15 PM to 4:15 PM	Dunstable Park	2:15-4:15 - Dunstable Park St Albans City Band	Private Event
Dukeminster Court	Tue 30 Jul 9:00 AM to 11:00 AM	Church Service	Church Service	Private Event
Dukeminster Court	Thu 1 Aug 2:30 PM to 3:30 PM	Discussion group	Discussion group	Private Event
Dukeminster Court	Sat 3 Aug 2:30 PM to 5:30 PM	Garden party	Garden party	Public Event
Dukeminster Court	Mon 5 Aug 11:00 AM to 12:00 PM	Sharing memories	Sharing memories	Private Event
Dukeminster Court	Mon 5 Aug 2:30 PM to 3:30 PM	Garden games	Garden games	Private Event
Dukeminster Court	Tue 6 Aug 11:00 AM to 12:00 PM	Virtual Reality	Virtual Reality	Private Event
Dukeminster Court	Tue 6 Aug 2:30 PM to 3:30 PM	Dominoes	Dominoes	Private Event
Dukeminster Court	Wed 7 Aug 11:00 AM to 12:00 PM	Armchair exercises	Armchair exercises	Private Event
Dukeminster Court	Thu 8 Aug 2:30 PM to 3:30 PM	Bowls	Bowls	Private Event
Dukeminster Court	Fri 9 Aug 11:00 AM to 12:00 PM	Balloon games	Balloon games	Private Event
Dukeminster Court	Fri 9 Aug 2:30 PM to 3:30 PM	Namaste	Namaste	Private Event
Dukeminster Court	Sat 10 Aug 11:00 AM to 12:00 PM	Shop trolley	Shop trolley	Private Event
Dukeminster Court	Sat 10 Aug 2:30 PM to 3:30 PM	Cream tea	Cream tea	Private Event

Dukeminster Court	Mon 12 Aug 11:00 AM to 12:00 PM	Water paints	Water paints	Private Event
Dukeminster Court	Mon 12 Aug 2:30 PM to 3:30 PM	Oomph	Oomph	Public Event
Dukeminster Court	Tue 13 Aug 11:00 AM to 12:00 PM	Garden games	Garden games	Private Event
Dukeminster Court	Tue 13 Aug 2:30 PM to 3:30 PM	Sing along	Sing along	Private Event
Dukeminster Court	Wed 14 Aug 11:00 AM to 12:00 PM	Wheelchair exercises	Wheelchair exercises	Private Event
Dukeminster Court	Wed 14 Aug 6:30 PM to 7:30 PM	Bingo	Bingo	Private Event
Dukeminster Court	Thu 15 Aug 2:30 PM to 3:30 PM	Discussion group	Discussion group	Private Event
Dukeminster Court	Fri 16 Aug 11:00 AM to 12:00 PM	Name that tune	Name that tune	Private Event
Dukeminster Court	Fri 16 Aug 2:30 PM to 3:30 PM	Who am I game	Who am I game	Private Event
Dukeminster Court	Sat 17 Aug 11:00 AM to 12:00 PM	Shop trolley	Shop trolley	Private Event
Dukeminster Court	Sat 17 Aug 2:00 PM to 3:00 PM	cream tea afternoon	cream tea afternoon	Private Event
Dukeminster Court	Sun 18 Aug 11:00 AM to 12:00 PM	Sharing memories	Sharing memories	Private Event
Dukeminster Court	Sun 18 Aug 2:30 PM to 3:30 PM	Quiz	Quiz	Private Event
Dukeminster Court	Mon 19 Aug 11:30 AM to 12:30 PM	Oomph	Oomph	Public Event
Dukeminster Court	Mon 19 Aug 2:30 PM to 3:30 PM	Board Games	Board Games	Private Event
Dukeminster Court	Tue 20 Aug 11:00 AM to 12:00 PM	Parachute Game	Parachute Game	Private Event
Dukeminster Court	Tue 20 Aug 12:00 PM to 1:00 PM	Party in the Park	Party in the Park	Private Event
Dukeminster Court	Wed 21 Aug 11:00 AM to 12:00 PM	Wheelchair exercises	Wheelchair exercises	Private Event
Dukeminster Court	Wed 21 Aug 2:30 PM to 3:30 PM	Sensory Games	Sensory Games	Private Event

Dukeminster Court	Thu 22 Aug 11:00 AM to 12:00 PM	Virtual Reality	Virtual Reality	Private Event
Dukeminster Court	Thu 22 Aug 2:30 PM to 3:30 PM	Hangman	Hangman	Private Event
Dukeminster Court	Fri 23 Aug 11:00 AM to 12:00 PM	Name that tune	Name that tune	Private Event
Dukeminster Court	Fri 23 Aug 2:30 PM to 3:30 PM	Sing along	Sing along	Private Event
Dukeminster Court	Mon 26 Aug 11:30 AM to 12:30 PM	Quiz	Quiz	Private Event
Dukeminster Court	Mon 26 Aug 2:30 PM to 3:30 PM	Balloon games	Balloon games	Private Event
Dukeminster Court	Tue 27 Aug 1:30 PM to 2:30 PM	Remember the era	Remember the era	Private Event
Dukeminster Court	Tue 27 Aug 3:00 PM to 4:00 PM	Church Service	Church Service	Private Event
Dukeminster Court	Thu 29 Aug 11:00 AM to 12:00 PM	Puzzles	Puzzles	Private Event
Dukeminster Court	Thu 29 Aug 2:30 PM to 3:30 PM	Water paints	Water paints	Private Event
Dukeminster Court	Fri 30 Aug 6:30 PM to 7:30 PM	Pub Night	Pub Night	Private Event

Regular Weekly Events:

Monday: Oomph - 14:30 **Open to the Public**

Wednesday: 11am Wheelchair Exercises, 2:30pm Bingo

Friday: Namaste - 14:30

Saturday: 11am – Shop Trolley, 14:30 – Cream Tea

**Elizabeth House, Elizabeth Close, Moors Walk, Panshanger,
Welwyn Garden City, AL7 2JB
Tel: 01707 338821 Email: elizabeth@quantumcare.co.uk**

Home	Date	Event	Description	Attending
Elizabeth House	Sat 20 Jul 2:00 PM to 4:00 PM	Home Cinema	Movie time!	Private Event
Elizabeth House	Sun 21 Jul 10:00 AM to 12:00 PM	Games	Garden Games	Private Event
Elizabeth House	Tue 23 Jul 2:00 PM to 3:00 PM	Baking	Baking Butterfly Cakes	Private Event
Elizabeth House	Tue 30 Jul 10:00 AM to 12:00 PM	Arts & Crafts	Sons and Daughters invited to join in	Private Event
Elizabeth House	Wed 31 Jul 3:00 PM to 4:00 PM	Wii	Games on the Wii	Private Event
Elizabeth House	Thu 1 Aug 11:00 AM to 12:00 PM	Ball games	Ball games	Private Event
Elizabeth House	Fri 2 Aug 11:00 AM to 12:00 PM	Board games/domino's	Board games/domino's	Private Event
Elizabeth House	Sat 3 Aug 11:00 AM to 12:00 PM	Arts & crafts	Arts & crafts	Private Event
Elizabeth House	Sat 3 Aug 2:00 PM to 4:00 PM	Saturday movie	Saturday movie	Private Event
Elizabeth House	Sun 4 Aug 11:00 AM to 12:00 PM	Beauty treatments	Beauty treatments	Private Event
Elizabeth House	Mon 5 Aug 11:00 AM to 12:00 PM	Namaste in sensory room	Namaste in sensory room	Private Event
Elizabeth House	Mon 5 Aug 2:30 PM to 3:30 PM	Knit & natter	Knit & natter	Private Event
Elizabeth House	Tue 6 Aug 11:00 AM to 12:00 PM	Cooking	Cooking	Private Event
Elizabeth House	Wed 7 Aug 9:00 AM to 1:00 PM	Hairdresser	Hairdresser	Private Event
Elizabeth House	Wed 7 Aug 11:00 AM to 12:00 PM	Residents meeting	Residents meeting	Private Event
Elizabeth House	Thu 8 Aug 11:00 AM to 12:00 PM	Ball games	Ball games	Private Event
Elizabeth House	Fri 9 Aug 11:00 AM to 12:00 PM	Paws & claws	Paws & claws	Private Event
Elizabeth House	Fri 9 Aug 3:00 PM to 4:00 PM	Bingo with Alan	Bingo with Alan	Private Event
Elizabeth House	Sat 10 Aug 11:00 AM to 12:00 PM	Reminiscence box	Reminiscence box	Private Event
Elizabeth House	Sun 11 Aug 11:00 AM to 1:00 PM	Bernie's Entertainment	Bernie's Entertainment	Private Event

Elizabeth House	Mon 12 Aug 11:00 AM to 12:00 PM	Namaste in sensory room	Namaste in sensory room	Private Event
Elizabeth House	Mon 12 Aug 2:30 PM to 3:30 PM	Gardening club	Gardening club	Private Event
Elizabeth House	Tue 13 Aug 11:00 AM to 12:00 PM	Arts & crafts	Arts & crafts	Private Event
Elizabeth House	Wed 14 Aug 9:00 AM to 1:00 PM	Hairdresser	Hairdresser	Private Event
Elizabeth House	Wed 14 Aug 11:00 AM to 12:00 PM	Quiz & world game	Quiz & world game	Private Event
Elizabeth House	Thu 15 Aug 11:00 AM to 12:00 PM	Ball games	Ball games	Private Event
Elizabeth House	Fri 16 Aug 10:30 AM to 2:00 PM	Stanborough Lakes and Beefeater Lunch	Stanborough Lakes and Beefeater Lunch	Private Event
Elizabeth House	Sat 17 Aug 11:00 AM to 12:00 PM	Arts & crafts	Arts & crafts	Private Event
Elizabeth House	Sat 17 Aug 2:00 PM to 4:00 PM	Saturday movie	Saturday movie	Private Event
Elizabeth House	Sun 18 Aug 11:00 AM to 12:00 PM	Beauty treatments	Beauty treatments	Private Event
Elizabeth House	Sun 18 Aug 1:00 PM to 3:00 PM	Son and Daughter Afternoon Tea	Son and Daughter Afternoon Tea	Private Event
Elizabeth House	Mon 19 Aug 11:00 AM to 12:00 PM	Namaste in sensory room	Namaste in sensory room	Private Event
Elizabeth House	Mon 19 Aug 2:30 PM to 3:30 PM	Knit & natter	Knit & natter	Private Event
Elizabeth House	Tue 20 Aug 11:00 AM to 12:00 PM	Cooking	Cooking	Private Event
Elizabeth House	Wed 21 Aug 9:00 AM to 1:00 PM	Hairdresser	Hairdresser	Private Event
Elizabeth House	Wed 21 Aug 11:00 AM to 12:00 PM	Quiz & world game	Quiz & world game	Private Event
Elizabeth House	Fri 23 Aug 10:30 AM to 4:00 PM	Lavender fields trip	Lavender fields trip	Private Event
Elizabeth House	Fri 23 Aug 3:00 PM to 4:00 PM	Bingo with Alan	Bingo with Alan	Private Event
Elizabeth House	Sat 24 Aug 2:00 PM to 4:00 PM	Summer Garden Party	Summer Garden Party	Public Event

Elizabeth House	Sun 25 Aug 11:00 AM to 12:00 PM	Crosswords	Crosswords	Private Event
Elizabeth House	Mon 26 Aug 11:00 AM to 12:00 PM	Namaste in sensory room	Namaste in sensory room	Private Event
Elizabeth House	Mon 26 Aug 2:30 PM to 3:30 PM	Gardening Club	Gardening Club	Private Event
Elizabeth House	Tue 27 Aug 11:00 AM to 12:00 PM	Arts & crafts	Arts & crafts	Private Event
Elizabeth House	Wed 28 Aug 9:00 AM to 1:00 PM	Hairdresser	Hairdresser	Private Event
Elizabeth House	Wed 28 Aug 11:00 AM to 12:00 PM	Quiz & world game	Quiz & world game	Private Event
Elizabeth House	Thu 29 Aug 11:00 AM to 12:00 PM	Ball games	Ball games	Private Event
Elizabeth House	Fri 30 Aug 11:00 AM to 12:00 PM	Board game / puzzle	Board game / puzzle	Private Event
Elizabeth House	Sat 31 Aug 11:00 AM to 12:00 PM	Arts & crafts	Arts & crafts	Private Event
Elizabeth House	Sat 31 Aug 2:00 PM to 4:00 PM	Saturday movie	Saturday movie	Private Event

Regular Weekly Events:

Monday: AM – Beauty, PM – Gardening Club or Knit & natter

Wednesday: Room Visits/1-to-1 Sessions

Thursday: Chair Based Exercises, Quizzes and Games

Friday: Friends of Welwyn/Prize Bingo

Elmhurst, Windhill, Bishop's Stortford, CM23 2NF
Tel: 01279 713100 Email: elmhurst@quantumcare.co.uk

Home	Date	Event	Description	Attending
Elmhurst	Sat 20 Jul	Sponsored Walk	Elmhurst will be taking part in a sponsored walk to Harlow (families and friends are welcome to join)	Private Event
Elmhurst	Tue 30 Jul	Church Service	St Michaels Church Service.	Private Event
Elmhurst	Tue 6 Aug 11:00 AM to 12:00 PM	Church Service	Church Service	Private Event
Elmhurst	Tue 27 Aug 11:00 AM to 12:00 PM	Church Service	Church Service	Private Event

Regular Weekly Events:

Wednesdays: Little Ladybirds Intergenerational activity 1:30 till 2:50pm, Crochet and Knitting

Thursdays: Grove Cottage & Elmhurst Social group (every other Thursday morning 10:30 till 11:30), Maureen's Coffee Afternoon

Chair based exercise classes 3 times a week

Fosse House, Ermine Close, St. Albans, AL3 4LA
Tel: 01727 819700 Email: fosse@quantumcare.co.uk

Home	Date	Event	Description	Attending
Fosse House	Thu 18 Jul 10:00 AM to 4:00 PM	Trip	Day trip to Southend	Private Event
Fosse House	Thu 25 Jul 10:00 AM to 4:00 PM	Trip	Paradise Wild life park group outing	Private Event
Fosse House	Mon 29 Jul 11:00 AM to 12:00 PM	Church Service	Church Service	Private Event
Fosse House	Fri 9 Aug 6:00 PM to 9:00 PM	Big Pub Quiz	Big Pub Quiz! £5 a ticket or £25 a table, includes a drink, bring your own booze	Public Event
Fosse House	Sat 31 Aug	Sunflower Competition Measuring	Time to measure the sunflowers and see how well they've grown!	Private Event

Regular Events

Every Monday is arm chair exercise AM, cooking activity PM (residents only)

Every Tuesday- Reminiscence AM and reading circle activities PM (residents only)

Every Wednesday- Gents Club and musical and munchies (residents only)

Every Wednesday- Pub night (friends and family are welcome)

Every Thursday- sensory exercise and mini trips out (residents only)

Every Friday- Craft and cultural club (residents only)

Every Thursday and Saturday- Tots Group- **Open to the Public**

Fourfields, Rosedale Way, Flamstead End, Cheshunt, EN7 6HR

Tel: 01992 624343 Email: fourfields@quantumcare.co.uk

Home	Date	Event	Description	Attending
Fourfields	Thu 18 Jul 11:00 AM to 1:00 PM	Ball therapy	Ball therapy	Private Event
Fourfields	Fri 19 Jul 3:00 PM to 5:00 PM	Activities	Activities with carers in bungalows	Private Event
Fourfields	Sat 20 Jul 11:00 AM to 1:00 PM	Gardening Club	Gardening club	Private Event
Fourfields	Sat 20 Jul 11:00 AM to 2:00 PM	Party	Leon Farewell BBQ party for staff and residents	Private Event
Fourfields	Mon 22 Jul 9:00 AM to 11:00 AM	Coffee Morning	Coffee morning in garden	Private Event
Fourfields	Mon 22 Jul 3:00 PM to 5:00 PM	Cinema Afternoon	cinema afternoon	Private Event
Fourfields	Wed 24 Jul 10:00 AM to 4:00 PM	Trip	Residents day trip out	Private Event
Fourfields	Thu 25 Jul 11:00 AM to 1:00 PM	Pet Therapy	Daisy pet therapy	Private Event
Fourfields	Fri 26 Jul 9:00 AM to 11:00 AM	Breakfast club	Breakfast club	Private Event
Fourfields	Sat 27 Jul 9:00 AM to 11:00 AM	Breakfast club	Breakfast club (Buffet)	Private Event
Fourfields	Thu 1 Aug 10:00 AM to 12:00 PM	Gardening	Residents helping decorating the garden	Private Event
Fourfields	Thu 1 Aug 2:00 PM to 4:00 PM	Daisy pet therapy	Daisy pet therapy	Private Event
Fourfields	Sat 3 Aug 1:00 PM to 5:00 PM	Hawaiian Beach Party	Hawaiian beach party with BBQ, Mayor visit, raffle, tombola, candyfloss etc	Public Event
Fourfields	Mon 5 Aug	Ball exercise	Ball exercise	Private Event
Fourfields	Tue 6 Aug	Balloon therapy	Balloon therapy	Private Event
Fourfields	Wed 7 Aug	Pampering	Hair in the salon	Private Event
Fourfields	Thu 8 Aug 10:00 AM to 5:00 PM	Residence Day Trip	Residence Day Trip	Private Event
Fourfields	Fri 9 Aug	Arts and craft	Arts and craft	Private Event
Fourfields	Sat 10 Aug	Bingo	Eyes down bingo main Lounge	Private Event
Fourfields	Sun 11 Aug	National Son and Daughter Day	National son and daughter Day photos with family and refreshments	Private Event

			in the main Lounge	
Fourfields	Mon 12 Aug	Carnival Day	residents making costumes for Carnival Day	Private Event
Fourfields	Mon 12 Aug 6:00 PM to 9:00 PM	Pub Night	pub night main Lounge	Private Event
Fourfields	Tue 13 Aug	Namaste	namaste	Private Event
Fourfields	Wed 14 Aug	Balloon therapy	balloon exercise	Private Event
Fourfields	Thu 15 Aug	Daisy pet therapy	Daisy pet therapy	Private Event
Fourfields	Fri 16 Aug 8:00 AM to 10:00 AM	Breakfast Club	Breakfast Club	Private Event
Fourfields	Sat 17 Aug	Men's grooming day	men's grooming day free haircut and grooming with refreshments main Lounge	Private Event
Fourfields	Sun 18 Aug 9:00 AM to 11:00 AM	Coffee Morning	coffee morning	Public Event
Fourfields	Mon 19 Aug 10:00 AM to 1:00 PM	Trip to the Park	taking residents over to the park	Private Event
Fourfields	Tue 20 Aug	Namaste	Namaste	Private Event
Fourfields	Wed 21 Aug	Pampering	pampering	Private Event
Fourfields	Thu 22 Aug 11:00 AM to 5:00 PM	Carnival Day	Carnival Day staff and residents to dress up in costumes party 11:00 main lounge	Private Event
Fourfields	Fri 23 Aug	Breakfast Club	Breakfast Club	Private Event
Fourfields	Sat 24 Aug	Gardening	Gardening club	Private Event
Fourfields	Sun 25 Aug	Tea Party	carers taking residents into the garden for tea and cakes weather permitted	Private Event
Fourfields	Mon 26 Aug 6:00 PM to 9:00 PM	Pub Night	pub night	Private Event
Fourfields	Tue 27 Aug	Namaste	namaste	Private Event
Fourfields	Wed 28 Aug	Bow Tie Day	bow tie day arts and craft making bows ties main Lounge	Private Event
Fourfields	Thu 29 Aug	Daisy pet therapy	Daisy pet therapy	Private Event
Fourfields	Fri 30 Aug 8:00 AM to 10:00 AM	Breakfast Club	Breakfast Club main Lounge	Private Event
Fourfields	Sat 31 Aug	Gardening Club	gardening club	Private Event
Regular Weekly Activities:				

Every Monday- Pampering day and Pub Night (Friends and family welcome)
Every Tuesday- One-To-One / Namaste (Residents only)
Every Tuesday- Book and Pen Club/Choir Night
Every Thursday- Dog Therapy (Friends and family are welcome)
Every Friday- Breakfast Club (Friends and family are welcome)
Every Saturday- Gardening Club
Every Sunday- Coffee Morning (Open to the public) / One To One / Songs of Praise

Garden City Court, Whiteway, Off Radburn Way, Letchworth

Garden City, SG6 2PP

Tel: 01462 473100 Email: garden@quantumcare.co.uk

Home	Date	Event	Description	Attending
Garden City Court	Wed 24 Jul 10:00 AM to 3:00 PM	Trip	DAY CENTRE TRIP LAVENDER FIELDS Arrive at Day centre between 10-10.15 Usual 3PM Collection (£7 Donation if possible)	Private Event
Garden City Court	Wed 24 Jul 11:00 AM to 12:00 PM	Talk	Coffee Morning Talk with a PCSO 11AM	Private Event
Garden City Court	Thu 25 Jul 11:00 AM to 12:00 PM	Entertainment	Beetroot Band perform 11AM	Private Event
Garden City Court	Fri 26 Jul 11:00 AM to 12:00 PM	Entertainment	Bethan Sings Country Live 11AM	Private Event
Garden City Court	Wed 31 Jul 11:00 AM to 12:00 PM	Entertainment	Dance Moves with Hannah 11AM	Private Event
Garden City Court	Thu 1 Aug 11:00 AM to 12:00 PM	Summer Singalong	Summer Singalong	Private Event
Garden City Court	Fri 2 Aug 11:00 AM to 12:00 PM	Bingo in the Garden	Bingo in the Garden	Private Event
Garden City Court	Fri 2 Aug 6:00 PM to 5:00 PM	Cheese & Wine Night	Cheese & Wine Night	Private Event
Garden City Court	Sat 3 Aug 2:00 PM to 3:00 PM	One-Ones	One-Ones	Private Event
Garden City Court	Sun 4 Aug 11:00 AM to 12:00 PM	Walking Club	Walking Club	Private Event
Garden City Court	Sun 4 Aug 2:00 PM to 3:00 PM	Cookery for National chocolate chip Cookie Day	Cookery for National chocolate chip Cookie Day	Private Event
Garden City Court	Sun 4 Aug 3:00 PM to 4:00 PM	SISTERS DAY Songs of Praise All Units	SISTERS DAY Songs of Praise All Units	Private Event
Garden City Court	Tue 6 Aug 11:00 AM to 12:00 PM	Kids Club	Kids Club	Private Event
Garden City Court	Tue 6 Aug 6:30 PM to 7:30 PM	Pub Night with Quiz	Pub Night with Quiz 6:30PM- 7:30PM Picture House	Private Event

Garden City Court	Wed 7 Aug 11:00 AM to 12:00 PM	Coffee Morning Fred & Chris	Coffee Morning Fred & Chris	Private Event
Garden City Court	Thu 8 Aug 11:00 AM to 2:00 PM	Summer BBQ	Summer BBQ 11- 2PM Elvis 11-12, Pony Visits & Rides, Stalls & lots more	Public Event
Garden City Court	Fri 9 Aug 10:40 AM to 11:40 AM	Limo Outing (Farm shop)	Limo Outing (Farm shop)	Private Event
Garden City Court	Fri 9 Aug 11:00 AM to 12:00 PM	Paul's Church Service	Paul's Church Service	Private Event
Garden City Court	Fri 9 Aug 6:00 PM to 7:00 PM	Cheese & Wine Night BOOK LOVERS DAY	Cheese & Wine Night 6PM-7PM All Units BOOK LOVERS DAY	Private Event
Garden City Court	Sat 10 Aug 2:00 PM to 3:00 PM	Summer Crafts	Summer Crafts 2- 3PM Garden	Private Event
Garden City Court	Sun 11 Aug 11:00 AM to 12:00 PM	Walking Club	Walking Club	Private Event
Garden City Court	Sun 11 Aug 2:00 PM to 3:00 PM	Sunday Summer Pamper	Sunday Summer Pamper	Private Event
Garden City Court	Mon 12 Aug 2:00 PM to 3:00 PM	Bingo	Bingo	Private Event
Garden City Court	Tue 13 Aug 11:00 AM to 12:00 PM	Kids Club	Kids Club	Private Event
Garden City Court	Tue 13 Aug 6:30 PM to 7:30 PM	Pub Night with Quiz	Pub Night with Quiz 6:30PM- 7:30PM Picture House	Private Event
Garden City Court	Wed 14 Aug 10:30 AM to 2:30 PM	Day Trip	Day Trip	Private Event
Garden City Court	Wed 14 Aug 11:00 AM to 12:00 PM	Coffee Morning Summer Quiz	Coffee Morning Summer Quiz	Private Event
Garden City Court	Thu 15 Aug 10:00 AM to 1:00 PM	Marissacare massage	Marissacare massage	Private Event
Garden City Court	Thu 15 Aug 6:00 PM to 7:00 PM	Summer cocktails	Summer cocktails	Private Event
Garden City Court	Fri 16 Aug 11:00 AM to 12:00 PM	Bernie Summer Seaside	Bernie Summer Seaside	Private Event
Garden City Court	Fri 16 Aug 2:00 PM to 3:00 PM	Men's Grooming day	Men's pamper 2- 3PM All units	Private Event
Garden City Court	Fri 16 Aug 6:00 PM to 7:00 PM	Cheese & wine Trolley	Cheese & wine Trolley	Private Event

Garden City Court	Sat 17 Aug 11:00 AM to 12:00 PM	One Man Band	One Man Band	Private Event
Garden City Court	Sun 18 Aug 11:00 AM to 12:00 PM	Charlie the dog Visit in aid of Homeless Animal day	Charlie the dog Visit in aid of Homeless Animal day	Private Event
Garden City Court	Mon 19 Aug 2:00 PM to 3:00 PM	Namaste Room Visit	Namaste Room Visit	Private Event
Garden City Court	Tue 20 Aug 11:00 AM to 12:00 PM	Kids Club	Kids Club	Private Event
Garden City Court	Tue 20 Aug 6:00 PM to 7:30 PM	Pub Night with Quiz	Pub Night with Quiz 6-7.30PM Picture House	Private Event
Garden City Court	Wed 21 Aug 11:00 AM to 12:00 PM	Coffee Morning Summer Games	Coffee Morning Summer Games	Private Event
Garden City Court	Wed 21 Aug 2:00 PM to 3:00 PM	Bunny Visits	Bunny Visits	Private Event
Garden City Court	Thu 22 Aug 11:00 AM to 2:00 PM	Garden City Mini Carnival	Garden City Mini Carnival	Private Event
Garden City Court	Thu 22 Aug 6:00 PM to 7:00 PM	Summer cocktails	Summer cocktails	Private Event
Garden City Court	Fri 23 Aug 11:00 AM to 12:00 PM	Seaside sunshine show	Seaside sunshine show with (something Else) mike & Lou	Private Event
Garden City Court	Fri 23 Aug 6:00 PM to 7:00 PM	Cheese & Wine Night	Cheese & Wine Night	Private Event
Garden City Court	Sat 24 Aug 2:00 PM to 3:00 PM	Namaste Room Visit	Namaste Room Visit	Private Event
Garden City Court	Sun 25 Aug 11:00 AM to 12:00 PM	Walking Club	Walking Club	Private Event
Garden City Court	Sun 25 Aug 2:00 PM to 3:00 PM	Summer Musical	Summer Musical	Private Event
Garden City Court	Mon 26 Aug 2:00 PM to 3:00 PM	Namaste Room Visit	Namaste Room Visit	Private Event
Garden City Court	Tue 27 Aug 11:00 AM to 12:00 PM	Kids Club	Kids Club	Private Event
Garden City Court	Tue 27 Aug 6:00 PM to 7:30 PM	Pub Night with Quiz 6-7.30PM Picture House	Pub Night with Quiz 6-7.30PM Picture House	Private Event
Garden City Court	Wed 28 Aug 10:00 AM to 1:00 PM	Marissacare massage	Marissacare massage	Private Event

Garden City Court	Wed 28 Aug 11:00 AM to 12:00 PM	Coffee Morning Bingo	Coffee Morning Bingo	Private Event
Garden City Court	Thu 29 Aug 6:00 PM to 7:00 PM	Summer cocktails	Summer cocktails	Private Event
Garden City Court	Fri 30 Aug 11:00 AM to 12:00 PM	Bernie's Film Club	Bernie's Film Club	Private Event
Garden City Court	Fri 30 Aug 6:00 PM to 7:30 PM	Pub Night	Pub Night 6- 7.30PM Picture House	Private Event
Garden City Court	Sat 31 Aug 1:00 PM to 2:00 PM	National Eat Outside Day	Lunch in the Garden	Private Event
Garden City Court	Sat 31 Aug 2:00 PM to 3:00 PM	Bunny Visit	Bunny Visit 2-3PM All Units	Private Event

Regular Events

Regular Weekly Events:

Every Monday, Thursday and Saturday- Oomph sessions (**Open to the public**) – 11am Mondays and Saturdays, 2pm Thursdays

Every Wednesday- Coffee Morning from 11am (**Open to the Public**)

Every Sunday- Songs of Praise from 4pm –All Units

*activities subject to change at short notice *

Greenacres, Wellfields Close, Hatfield, AL10 0BU
Tel: 01707 280500 Email:greenacres@quantumcare.co.uk

Home	Date	Event	Description	Attending
Greenacres	Sun 21 Jul 10:00 AM to 2:00 PM	Trips to local care homes	Trips to local care homes	Private Event
Greenacres	Tue 23 Jul 10:00 AM to 12:00 PM	Gardening Club	Gardening Club	Private Event
Greenacres	Wed 24 Jul 10:00 AM to 12:00 PM	Scavenger Hunt	Scavenger Hunt	Private Event
Greenacres	Wed 24 Jul 2:00 PM to 4:00 PM	Musical Note Bingo	Musical Note Bingo	Private Event
Greenacres	Thu 25 Jul 10:00 AM to 12:00 PM	Pet Therapy	Pet Therapy	Private Event
Greenacres	Fri 26 Jul 2:00 PM to 6:00 PM	Wedding	Wedding at Greenacres Foxglove 2pm	Private Event
Greenacres	Sun 28 Jul 3:00 PM to 5:00 PM	Movie Afternoon	Movie Afternoon	Private Event
Greenacres	Tue 30 Jul 10:00 AM to 12:00 PM	Trip	Trip to Garden Centre	Private Event
Greenacres	Wed 31 Jul	Birthdays	Birthday Celebrations	Private Event
Greenacres	Thu 1 Aug 8:00 AM to 9:30 AM	Breakfast Club Bluebell	Breakfast Club Bluebell	Private Event
Greenacres	Fri 2 Aug 11:00 AM to 12:00 PM	Fruity Friday	Fruity Friday	Private Event
Greenacres	Sat 3 Aug 11:00 AM to 12:00 PM	Puzzles on units	Puzzles on units	Private Event
Greenacres	Sun 4 Aug 11:00 AM to 12:00 PM	Relaxing in the garden	Relaxing in the garden	Private Event
Greenacres	Sun 4 Aug 2:00 PM to 4:00 PM	Movie Afternoon	Movie Afternoon	Private Event
Greenacres	Mon 5 Aug 11:00 AM to 12:00 PM	Musical Bingo Primrose (Jon)	Musical Bingo Primrose (Jon)	Private Event
Greenacres	Tue 6 Aug 11:00 AM to 12:00 PM	Exercise with Jon in Foxglove	Exercise with Jon in Foxglove	Private Event
Greenacres	Wed 7 Aug 11:00 AM to 12:00 PM	Mini Manicure	Mini Manicure	Private Event
Greenacres	Thu 8 Aug 8:00 AM to 9:30 AM	Breakfast Club Buttercup	Breakfast Club Buttercup	Private Event
Greenacres	Thu 8 Aug 2:00 PM to 3:00 PM	Barbershop (Jon)	Barbershop (Jon)	Private Event
Greenacres	Fri 9 Aug 11:00 AM to 12:00 PM	Fruity Friday	Fruity Friday	Private Event

Greenacres	Fri 9 Aug 2:00 PM to 3:00 PM	Residents meeting	Residents meeting	Private Event
Greenacres	Fri 9 Aug 6:00 PM to 7:00 PM	Pub Night	Pub Night	Private Event
Greenacres	Sat 10 Aug 11:00 AM to 4:00 PM	Jamaican Day	Jamaican Day	Private Event
Greenacres	Sun 11 Aug 11:00 AM to 12:00 PM	Garden Club	Garden Club	Private Event
Greenacres	Sun 11 Aug 11:00 AM to 12:00 PM	Church Service	Church Service	Private Event
Greenacres	Sun 11 Aug 2:00 PM to 4:00 PM	Movie Afternoon	Movie Afternoon	Private Event
Greenacres	Mon 12 Aug 11:00 AM to 12:00 PM	Singalong	Singalong	Private Event
Greenacres	Tue 13 Aug 11:00 AM to 12:00 PM	Find one Joker	Find one Joker	Private Event
Greenacres	Wed 14 Aug 11:00 AM to 12:00 PM	Eisai Volunteers/Games in the Garden	Eisai Volunteers/Games in the Garden	Private Event
Greenacres	Thu 15 Aug 8:00 AM to 9:30 AM	Breakfast Club Primrose	Breakfast Club Primrose	Private Event
Greenacres	Thu 15 Aug 2:00 PM to 3:00 PM	Barbershop (Jon)	Barbershop (Jon)	Private Event
Greenacres	Fri 16 Aug 11:00 AM to 12:00 PM	Fruity Friday	Fruity Friday	Private Event
Greenacres	Sat 17 Aug 2:00 PM to 3:00 PM	All Unit Quiz	All Unit Quiz	Private Event
Greenacres	Sun 18 Aug 11:00 AM to 12:00 PM	Playing your cards right	Playing your cards right	Private Event
Greenacres	Sun 18 Aug 2:00 PM to 4:00 PM	Movie Afternoon	Movie Afternoon	Private Event
Greenacres	Mon 19 Aug 11:00 AM to 12:00 PM	Friendship House	Friendship House	Private Event
Greenacres	Tue 20 Aug 11:00 AM to 12:00 PM	Cocktails and Quiz in the Garden	Cocktails and Quiz in the Garden	Private Event
Greenacres	Wed 21 Aug 11:00 AM to 12:00 PM	Baking Cakes and Cookies	Baking Cakes and Cookies	Private Event
Greenacres	Thu 22 Aug 11:00 AM to 12:00 PM	Breakfast Club Foxglove	Breakfast Club Foxglove	Private Event
Greenacres	Fri 23 Aug 11:00 AM to 4:00 PM	Trip to the Seaside	Trip to the Seaside	Private Event

Greenacres	Sat 24 Aug 11:00 AM to 12:00 PM	Quiz	Quiz	Private Event
Greenacres	Sun 25 Aug 11:00 AM to 12:00 PM	Church Service	Church Service	Private Event
Greenacres	Sun 25 Aug 2:00 PM to 4:00 PM	Movie Afternoon	Movie Afternoon	Private Event
Greenacres	Mon 26 Aug 10:30 AM to 11:30 AM	Trip to Café	Trip to Café	Private Event
Greenacres	Tue 27 Aug 11:00 AM to 12:00 PM	Nature Walks	Nature Walks	Private Event
Greenacres	Wed 28 Aug 11:00 AM to 12:00 PM	Exercise Class	Exercise Class	Private Event
Greenacres	Thu 29 Aug 11:00 AM to 12:00 PM	This is your life	This is your life	Private Event
Greenacres	Fri 30 Aug 11:00 AM to 12:30 PM	Birthday Bowls	Birthday Bowls	Private Event
Greenacres	Sat 31 Aug 11:00 AM to 12:00 PM	Beat the Score	Beat the Score	Private Event
Regular Events; Every Monday: Morning – Musical Memories, Afternoon – Bingo Every Tuesday: Afternoon – One 2 One Every Wednesday: Afternoon – Movie afternoon Every Thursday: Hairdressers and Barber Shop Every Friday: Morning – Pampering Morning, Afternoon – A trip to memory lane Every Saturday: Morning – Quick Quiz, Afternoon – Pulling Pints with Jonathon Every Sunday: Morning – Sunday Service, Afternoon – Read all about it				

Heath House, Elstree Road, Bushey Heath, WD23 1GH

Tel: 02089010900 Email: Heath@quantumcare.co.uk

Home	Date	Event	Description	Attending
Heath House	Tue 23 Jul 11:00 AM to 12:00 PM	Franz Black	Franz Black playing keyboard and singing 11am	Private Event
Heath House	Sat 27 Jul 6:00 PM to 9:00 PM	Pub night and Quiz	Quiz and Pub night 6pm onwards	Private Event
Heath House	Wed 7 Aug 11:00 AM to 12:00 PM	Dennis Bryant	Dennis Bryant singer 11-12 Friends and Family invited	Private Event
Heath House	Sat 10 Aug 2:00 PM to 5:00 PM	Summer Fete	Summer Fete to be held in the Day Centre 2-5 entertainment by career Peters band (badger) family Friends and general public	Public Event
Heath House	Tue 13 Aug 11:00 AM to 12:00 PM	Church Service	church service at 11am with father Andrew from st Peter's church Bushey Friends and Family invited	Private Event
Heath House	Wed 14 Aug 11:00 AM to 12:00 PM	Lunch Trip	lunch trip blue check restaurant in the village	Private Event
Heath House	Sat 17 Aug 2:00 PM to 3:00 PM	Glen Miller	Glenn Miller concert at the Bentley priory @ 2pm residents only	Private Event
Heath House	Thu 29 Aug 11:00 AM to 12:00 PM	Elvis	Elvis is in the building!!! @11am all residents and family members invited	Private Event

Regular Weekly Events:

Every Monday- Namaste- (Residents Only)

Every other Thursday- Baking from 10:45am (Residents Only)

Every Saturdays- Keep Fit and Quiz (friends and family are welcome)

Every Sunday- Film morning (friends and family are welcome)

Jubilee Court, Hayward Close, Stevenage, SG1 5BS
Tel: jubilee@quantumcare.co.uk Email: jubilee@quantumcare.co.uk

Home	Date	Event	Description	Attending
Jubilee Court	Tue 23 Jul 11:00 AM to 1:00 PM	Entertainment	Bernie – Seaside Special	Private Event
Jubilee Court	Wed 24 Jul 10:00 AM to 4:00 PM	Trip	Canal Trip	Private Event
Jubilee Court	Tue 30 Jul 4:00 PM to 6:00 PM	BBQ	BBQ	Private Event
Jubilee Court	Tue 13 Aug 11:00 AM to 1:00 PM	National Son and Daughter Day	National Son and Daughter Family Day 11am	Private Event
Jubilee Court	Tue 20 Aug 11:00 AM to 12:00 PM	Ricardo Entertains	Ricardo Entertains 11am	Private Event
Jubilee Court	Wed 21 Aug 11:00 AM to 1:00 PM	Caribbean style day	Caribbean style day (Notting Hill Carnival Weekend) 11am	Private Event
Jubilee Court	Tue 27 Aug 11:00 AM to 1:00 PM	Dog Show!	Dog Show!	Private Event

**Margaret House, Personage Close, Abotts Langley, Watford, WD5 0BQ
Tel: 01923 261190 Email: Margaret@quantumcare.co.uk**

Home	Date	Event	Description	Attending
Margaret House	Thu 18 Jul 2:00 PM to 4:00 PM	Peter Morton singer	Peter Morton singer	Private Event
Margaret House	Mon 22 Jul 10:00 AM to 12:00 PM	Birthday	Birthday	Private Event
Margaret House	Tue 13 Aug	Rock and Roll Dave	Rock and Roll Dave	Private Event
Margaret House	Thu 22 Aug 11:00 AM to 5:00 PM	Trip to the Seaside	Day Trip to seaside venue	Private Event
Margaret House	Sat 24 Aug 3:00 PM to 6:00 PM	Open Family Day	Open Family Day including Ricardo the Singer from 3pm onwards	Private Event

Regular Weekly Events:

Every Monday- One to ones- Residents Only, Milkshake Mondays

Every Tuesday- Knitting AM- Internal Invite Only

Every Tuesday- Hairdresser visits- All Day

Every Wednesday- Day Trip- Weather Pending- Internal Residents Only

Every Thursday- Coffee Morning- **Open to the Public**

Every Friday- Keep Fit in the day centre with Sarah in morning, Children from Kingswood Nursery School visit in afternoon

Namaste twice a week

Oomph twice a week

Mayfair Lodge, The Walk, Potters Bar, EN6 1QN
Tel: 01707 871800 Email: mayfair@quantumcare.co.uk

Home	Date	Event	Description	Attending
Mayfair Lodge	Sat 20 Jul 2:00 PM to 5:00 PM	Summer Party	Summer party – party food and refreshments	Public Event
Mayfair Lodge	Tue 23 Jul 10:00 AM to 4:00 PM	Seaside Trip (Byron Unit)	Trip out to Seaside (Byron unit)	Private Event
Mayfair Lodge	Sun 11 Aug	National Son and Daughter Day	We going to Invite sons and daughters for an afternoon tea and have reminiscent talks with residents about when the children were young, favourite times like hobbies, holidays.	Private Event
Mayfair Lodge	Thu 15 Aug	Relaxation Day	Live piano therapy music	Private Event
Mayfair Lodge	Sun 25 Aug 11:00 AM to 2:00 PM	Notting Hill Carnival	“Sunday Best” party by Activity worker and Dignity champions. 11am Party music with refreshments.	Public Event

Regular Weekly Activities:

- Every Monday Wednesday and Friday-** Oomph Activity from 11am (Open to the Public)
- Every Tuesday and Wednesday-** Hair Dresser (Residents Only)
- Every Tuesday and Friday-** Namaste sessions (Residents Only)
- Every Wednesday-** Pub Night (Residents and Family)
- Every other second week Thursday-** Exercise with Sarah (Residents Only)
- Twice Every week Tuesday, Friday-** Namaste (Residents Only)
- Every Friday-** Shelley Bakery- (Residents Only)
- Once a month-** Church Service (Residents and Family)
- Once a week-** Weekly shop (Residents Only)

Meresworth, Dellwood, Field Way, Rickmansworth, WD3 7EJ
Tel: 01923714300 Email: Meresworth@quantumcare.co.uk

Home	Date	Event	Description	Attending
Meresworth	Mon 29 Jul 11:00 AM to 1:00 PM	Easel Painting	Easel Painting	Private Event
Meresworth	Thu 1 Aug 11:00 AM to 12:00 PM	Yorkshire Day	Making Yorkshire biscuits	Private Event
Meresworth	Sun 4 Aug 11:00 AM to 12:00 PM	Chocolate Chip Cookie Day	Chocolate Chip Cookie Making	Private Event
Meresworth	Sat 10 Aug 12:00 PM to 4:00 PM	BBQ	<ul style="list-style-type: none"> • Live entertainment with John • Son and daughter photo booth • Food and Fun 	Public Event
Meresworth	Fri 23 Aug 11:00 AM to 1:00 PM	Notting Hill Carnival	Notting Hill Carnival	Private Event

Regular Weekly Activities:

Every Monday- Oomph 11am Day Centre- **Open to the Public**, Cooking 11am Coffee Lounge, Namaste Reminiscence 6pm

Every Tuesday- Gardening from 2pm, Time for a chat 6pm

Every Wednesday- Bowling with Doris 11am- **Open to the Public**, Exercise with Jack-2pm, Pub Quiz from 6pm.

Every Thursday- Movie Night from 6pm- Internal Invite Only

Every Friday- Oomph 11AM- **Open to the Public**, Choir Practice 2pm- Internal Invite Only, Exercise with Jack from 2pm **Open to the Public**, Manicures- From 6pm- Internal Residents Only

Every Saturday- Sing Along- From 11am, Sports or Films on TV 2.30pm Units, Games and Puzzles 6pm Units

Every Sunday- Reminiscence from 10:30am - Internal Residents Only, Church Service 3:30pm Day Centre, Games and Puzzles 6pm Units

Manicures with carers every day on the Units

**Mountbatten Lodge, Old Crabtree Lane, Hemel Hempstead, HP2
4EX**

Tel: 01442 244188 Email: meresworth@quantumcare.co.uk

Home	Date	Event	Description	Attending
Mountbatten Lodge	Sat 20 Jul 11:00 AM to 3:00 PM	Cultural Day party	Cultural Day - Entertainment by Riccardo	Public Event
Mountbatten Lodge	Sun 21 Jul 3:00 PM to 5:00 PM	Manicure and Foot Spa	PM: Manicure and Foot Spa	Private Event
Mountbatten Lodge	Fri 26 Jul 6:00 PM to 9:00 PM	Disco Party	Evening: Disco Party	Public Event
Mountbatten Lodge	Sat 27 Jul 11:00 AM to 1:00 PM	Exercise with Sarah	AM: Exercise with Sarah	Public Event
Mountbatten Lodge	Sun 28 Jul 11:00 AM to 1:00 PM	Park Trip	AM: Going out to the Park	Private Event
Mountbatten Lodge	Mon 29 Jul 2:00 PM to 4:00 PM	Coffee Trip	PM: Going out for Coffee	Private Event
Mountbatten Lodge	Thu 1 Aug 2:00 PM to 4:00 PM	Yorkshire day	Yorkshire day	Private Event
Mountbatten Lodge	Mon 5 Aug 2:00 PM to 4:00 PM	Church Service	Church Service	Private Event
Mountbatten Lodge	Wed 7 Aug 2:00 PM to 4:00 PM	Chinese Valentines Day	Chinese Valentines Day	Private Event
Mountbatten Lodge	Sun 11 Aug 3:00 PM to 4:00 PM	National Son and Daughter Day	National Son and Daughter Day	Private Event
Mountbatten Lodge	Sat 17 Aug 10:00 AM to 4:00 PM	Trip to Dunstable Downs	Trip to Dunstable Downs	Private Event
Mountbatten Lodge	Mon 26 Aug 2:00 PM to 4:00 PM	Notting Hill Carnival	Notting Hill Carnival	Private Event
Mountbatten Lodge	Fri 30 Aug 2:00 PM to 4:00 PM	Marshmallow Day	Marshmallow Day	Private Event

Regular Weekly Activity:

Every Weekday Morning - Breakfast Club **Open to the Public**

Every Monday - Shopping trip to Tesco

Every Tuesday – Afternoon - Namaste

Every Wednesday - Afternoon - Exercise

Every Thursday – Afternoon - Cooking

Every Friday - Afternoon - Namaste / Evening – Pub Night with Music and Dance **Open to the Public**

Every Saturday - Manicure Morning in June / Afternoon - Gardening Club in June / Evening – Unit Activities in June

Every Sunday - Manicure Morning in May, Balloon Games in June

Pinewood Lodge, Oxhey Drive, South Oxhey, Watford, WD19 7HR
Tel: 020 842`7900 Email: pinewood@quantumcare.co.uk

Home	Date	Event	Description	Attending
Pinewood Lodge				

Providence Court, Providence Way, Baldock, SG7 6TT
Tel: 01462 490870 Email: providence@quantumcare.co.uk

Home	Date	Event	Description	Attending
Providence Court	Sat 20 Jul 12:00 PM to 5:00 PM	Party	Annual Summer Garden Party	Public Event
Providence Court	Tue 23 Jul 11:00 AM to 1:00 PM	Tea for Tuesdays	Tea for Tuesdays	Private Event
Providence Court	Wed 24 Jul 6:00 PM to 9:00 PM	Pub Evening	Karaoke	Private Event
Providence Court	Thu 25 Jul 1:00 PM to 3:00 PM	Dinner Date	Dinner Date	Private Event
Providence Court	Fri 2 Aug 11:00 AM to 1:00 PM	International beer day – beer tasting	11am: International beer day – beer tasting	Private Event
Providence Court	Tue 6 Aug 11:00 AM to 12:00 PM	Tea for Tuesdays	Tea for Tuesdays	Public Event
Providence Court	Wed 7 Aug 6:00 PM to 8:00 PM	Dinner Date	Chinese Valentines night Chinese dinner	Private Event
Providence Court	Thu 8 Aug 10:00 AM to 4:00 PM	Trip to RAF MUSEUM	10am: Day Trip to RAF MUSEUM	Private Event
Providence Court	Sun 11 Aug 1:00 PM to 3:00 PM	National Son and Daughter Day	1pm: National son & daughter day Picnic in the garden	Private Event
Providence Court	Tue 13 Aug 11:00 AM to 12:00 PM	Tea for Tuesdays	Tea for Tuesdays	Public Event
Providence Court	Wed 14 Aug 11:00 AM to 2:00 PM	Pub Evening	11am: Pub Evening Games night	Public Event
Providence Court	Tue 20 Aug 11:00 AM to 12:00 PM	Tea for Tuesdays	Tea for Tuesdays	Public Event
Providence Court	Tue 20 Aug 12:30 PM to 2:30 PM	Trip to Pub	12:30pm: Trip to the pub for lunch	Private Event
Providence Court	Wed 21 Aug 6:30 PM to 8:30 PM	Pub Evening	Pub Evening	Private Event
Providence Court	Thu 22 Aug 10:00 AM to 4:00 PM	Day trip natural museum	Day trip natural museum	Private Event
Providence Court	Tue 27 Aug 11:00 AM to 12:00 PM	Tea for Tuesdays	Tea for Tuesdays	Public Event
Providence Court	Wed 28 Aug 6:30 PM to 8:30 PM	Pub Evening	Pub Evening	Private Event

Providence Court	Thu 29 Aug 2:00 PM to 4:00 PM	Residents birthday Party	Residents birthday Party	Private Event
<p>Regular Events:</p> <p>Every Tuesday –Friday Morning- Either Namaste morning or Reminisce Morning from 10-12:30 – Internal residents only</p> <p>Every Tuesday- Tea for Two- From 11-12pm- Open to the Public</p> <p>Every Wednesday – Pub Night in the Best Friends Café (each week different theme) From 6:30pm – 8pm</p> <p>Every Thursday- Religious Visits from 2-3:30pm</p> <p>Every Friday- Choir from 3-4pm</p>				

Richard Cox House, Dog Kennel, Lane, Royston, SG8 YAB

Tel: 01763 249111 Email: r_cox@quantumcare.co.uk

Home	Date	Event	Description	Attending
Richard Cox House	Thu 18 Jul	Golf British open	Golf British open	Private Event
Richard Cox House	Fri 19 Jul 3:00 PM to 5:00 PM	Bingo	Bingo	Private Event
Richard Cox House	Sat 20 Jul 3:00 PM to 5:00 PM	Activities	Flower arranging or cinema	Private Event
Richard Cox House	Sun 21 Jul 10:00 AM to 12:00 PM	Coffee Morning	Coffee morning open to public	Public Event
Richard Cox House	Sat 27 Jul 2:00 PM to 4:00 PM	BBQ	2pm – 4pm BBQ Music by William Come along and support our home	Public Event
Richard Cox House	Tue 30 Jul	World friendship day	World friendship day	Private Event
Richard Cox House	Thu 1 Aug 11:00 AM to 12:00 PM	Oomph	Oomph	Public Event
Richard Cox House	Thu 1 Aug 2:00 PM to 3:00 PM	Yorkshire day holy communion 2pm	Yorkshire day holy communion 2pm	Private Event
Richard Cox House	Fri 2 Aug 11:00 AM to 12:00 PM	Bingo or arts and craft with Q Club	Bingo or arts and craft with Q Club	Private Event
Richard Cox House	Sat 3 Aug 11:00 AM to 12:00 PM	Film club	Film club	Private Event
Richard Cox House	Sun 4 Aug 11:00 AM to 12:00 PM	Coffee morning	Coffee morning	Public Event
Richard Cox House	Mon 5 Aug 11:00 AM to 12:00 PM	Oomph	Oomph	Public Event
Richard Cox House	Tue 6 Aug 11:00 AM to 12:00 PM	Q club	Q club	Private Event
Richard Cox House	Wed 7 Aug 11:00 AM to 12:00 PM	Oomph	Oomph	Public Event
Richard Cox House	Wed 7 Aug 2:00 PM to 3:00 PM	Namaste	Namaste	Private Event
Richard Cox House	Thu 8 Aug 11:00 AM to 12:00 PM	Oomph	Oomph	Public Event
Richard Cox House	Fri 9 Aug 11:00 AM to 12:00 PM	Q club bingo or craft	Q club bingo or craft	Private Event
Richard Cox House	Mon 12 Aug	World Elephant Day	World Elephant Day	Private Event
Richard Cox House	Mon 12 Aug 11:00 AM to 12:00 PM	Oomph	Oomph	Public Event

Richard Cox House	Tue 13 Aug 11:00 AM to 12:00 PM	International left handers day	Bernie	Private Event
Richard Cox House	Wed 14 Aug 11:00 AM to 12:00 PM	Oomph	Oomph	Public Event
Richard Cox House	Fri 16 Aug 11:00 AM to 12:00 PM	Oomph	Oomph	Public Event
Richard Cox House	Sat 17 Aug 11:00 AM to 12:00 PM	National Honeybee Day	Coffee morning national honeybee day	Public Event
Richard Cox House	Mon 19 Aug 11:00 AM to 12:00 PM	Oomph	Oomph	Public Event
Richard Cox House	Tue 20 Aug 11:00 AM to 12:00 PM	Les singing from newlings	Les singing from newlings	Private Event
Richard Cox House	Wed 21 Aug 11:00 AM to 12:00 PM	Oomph	Oomph	Public Event
Richard Cox House	Thu 22 Aug 11:00 AM to 12:00 PM	Oomph	Oomph	Public Event
Richard Cox House	Fri 23 Aug 11:00 AM to 12:00 PM	Q club bingo	Q club bingo	Private Event
Richard Cox House	Mon 26 Aug 11:00 AM to 12:00 PM	Oomph	Oomph	Public Event
Richard Cox House	Wed 28 Aug 11:00 AM to 12:00 PM	National Bow Tie Day	Tim author singing national bow tie day, davina made bow ties for all residents and families to wear on the day	Private Event
Richard Cox House	Thu 29 Aug 11:00 AM to 12:00 PM	Oomph	Oomph	Public Event
Richard Cox House	Fri 30 Aug 11:00 AM to 12:00 PM	Marshmallow day	Marshmallow day	Private Event
Richard Cox House	Sat 31 Aug 11:00 AM to 12:00 PM	National picnic day	National picnic day, having dinner outside weather permitting	Private Event

Regular Events

Every Monday, Wednesday and Thursday is Oomph 11am-12pm **Open to the Public**

Every Tuesday- Hertswide

Every Thursday- Orchard Nursery comes to visits the residents for some Intergeneration activities

Every Friday- Bingo/Arts and Crafts

All other days are filled with activities such as: baking, cooking, flower arranging and games/quiz's

The Mead, Castleford Close, Borehamwood, WD6 4AL

Tel: 020 89538573 Email:mead@quantumcare.co.uk

Home	Date	Event	Description	Attending
The Mead	Sun 28 Jul 3:00 PM to 4:00 PM	Afternoon concerts	Afternoon concerts all welcome day centre	Public Event
The Mead	Thu 8 Aug 11:00 AM to 12:00 PM	Bingo	11-12noon: Bonkers Bingo with Ian James	Private Event
The Mead	Sun 11 Aug 3:00 PM to 4:00 PM	National Son and Daughter Day	Themed Entertainment 3-4pm Day Centre	Public Event
The Mead	Sun 25 Aug 3:00 PM to 4:00 PM	Afternoon concert	Afternoon concert 3-4pm Day Centre	Public Event

Regular Weekly Activities

Every Tuesday- Seated Exercise (Open to the Public)

Every Saturday- Coffee Morning with games/music/refreshments From 11am (Open to the Public)

Home	Date	Event	Description	Attending
Trefoil House	Thu 18 Jul 11:00 AM to 12:00 PM	Avelia Jazz	Avelia Jazz	Public Event
Trefoil House	Thu 25 Jul 11:00 AM to 12:00 PM	Franco	Franco	Public Event
Trefoil House	Fri 26 Jul 11:00 AM to 1:00 PM	Teaching Talons	Teaching Talons	Private Event
Trefoil House	Mon 12 Aug	Tickled Pink	Tickled Pink with their old time music hall show	Private Event
Trefoil House	Fri 16 Aug	Elvis memorial day	Elvis day on the 16th with an Elvis disco quizzes and games.	Private Event
Trefoil House	Sat 17 Aug 2:00 PM to 4:30 PM	Summer Fete	Shake Raffle and Roll 50's inspired summer fete	Public Event
Trefoil House	Sun 18 Aug 2:00 PM to 4:00 PM	National Son and Daughter Day	We will be celebrating son and daughter day with a cream tea.	Private Event
Trefoil House	Fri 30 Aug	Eat Outside Day	Dave Cox performing in O'Briens and we will be celebrating Eat outside day with our fish and chips in the garden.	Private Event

Regular Weekly Activities:

Every Thursday: Bella Casa Cafe / O'Brien's Bar 1:30-3:30pm (Live Entertainment fortnightly) / Holy Communion

Monthly Activity: Residents sings songs of praise From 2:30-3:00

Tye Green Lodge, Tye Green Village, Harlow, Essex, CM18 6QY

Tel: 01279 770500 Email: tye@quantumcare.co.uk

Home	Date	Event	Description	Attending
Tye Green Lodge	Thu 18 Jul 12:00 PM to 2:00 PM	Pub Lunch	Pub Lunch	Private Event
Tye Green Lodge	Mon 22 Jul 11:00 AM to 1:00 PM	Elvis is in the Building	Elvis is in the Building	Private Event
Tye Green Lodge	Wed 24 Jul 11:00 AM to 12:00 PM	Emma – NHS for Armchair Exercises	Emma – NHS for Armchair Exercises	Private Event
Tye Green Lodge	Sun 28 Jul 11:00 AM to 12:00 PM	Phil/Grey-Puppets and Sunday Service	Phil/Grey-Puppets and Sunday Service	Private Event
Tye Green Lodge	Sat 3 Aug 2:00 PM to 5:00 PM	Garden Party	Garden Party with BBQ - stalls and Entertainment 2-5	Public Event
Tye Green Lodge	Wed 7 Aug 11:00 AM to 12:00 PM	Church Service	Harefield Church Service 11am	Private Event
Tye Green Lodge	Wed 7 Aug 2:00 PM to 3:00 PM	Three Valleys Male Voice Choir	Three Valleys Male Voice Choir 2pm	Private Event
Tye Green Lodge	Thu 15 Aug 11:00 AM to 3:00 PM	Van Hage Trip	Lunch at Van Hage's Garden 11-3	Private Event
Tye Green Lodge	Tue 20 Aug 11:00 AM to 12:00 PM	Anastasia	Entertainment with Anastasia 11am	Private Event
Tye Green Lodge	Wed 21 Aug 11:00 AM to 12:00 PM	Church Service	St Luke's Church 11am	Private Event
Tye Green Lodge	Sat 24 Aug 11:00 AM to 12:00 PM	Jame LeBeck	Entertainment from James LeBeck 11am	Private Event
Tye Green Lodge	Sun 25 Aug 11:00 AM to 12:00 PM	Church Service with puppets	Monthly Service with Puppets 11am	Private Event

Regular Weekly Activities:

Every Monday: Armchair Exercises with Oomph Session included **Open to the Public**

Every Wednesday and Friday: Breakfast club

Every Thursday: Lily Pins Hairstylists - Hand Massage and Nails Polish

Vesta Lodge, Watling View, St. Albans, AL1 2PB
Tel:0727 799600 Email: vesta@quantumcare.co.uk

Home	Date	Event	Description	Attending
Vesta Lodge	Thu 18 Jul 10:00 AM to 12:00 PM	Arts and crafts	Testing our skills with some arts	Private Event
Vesta Lodge	Fri 19 Jul 10:00 AM to 12:00 PM	Fruity Friday	Sample of different types of fruit.	Private Event
Vesta Lodge	Fri 19 Jul 2:00 PM to 3:00 PM	School Visit	2pm 6th form activities (Q Club)	Private Event
Vesta Lodge	Sat 20 Jul 10:00 AM to 12:00 PM	Coffee shop	Time with family and friends	Private Event
Vesta Lodge	Sun 21 Jul 10:00 AM to 12:00 PM	Coffee shop	Time with family and friends	Private Event
Vesta Lodge	Mon 22 Jul 10:00 AM to 11:00 AM	Chair exercising	Keeping active	Private Event
Vesta Lodge	Tue 23 Jul 2:00 PM to 3:00 PM	Ice cream day	Enjoying different ice creams in the sun	Private Event
Vesta Lodge	Wed 24 Jul 11:00 AM to 12:00 PM	Bingo	Prizes to be won, who will have the winning card	Private Event
Vesta Lodge	Wed 24 Jul 2:00 PM to 4:00 PM	Pamper afternoon	Pamper afternoon	Private Event
Vesta Lodge	Thu 25 Jul 10:00 AM to 12:00 PM	Word searches, word wheels	Keeping our brains active.	Private Event
Vesta Lodge	Fri 26 Jul 10:00 AM to 12:00 PM	National cupcake day	Cupcake tasting.	Private Event
Vesta Lodge	Fri 26 Jul 2:00 PM to 3:00 PM	School Visit	2pm School children in (Q Club)	Private Event
Vesta Lodge	Sat 27 Jul 10:00 AM to 12:00 PM	Breakfast club	breakfast club open this morning.	Private Event
Vesta Lodge	Sun 28 Jul 10:00 AM to 12:00 PM	Coffee shop	Time with family and friends	Private Event
Vesta Lodge	Mon 29 Jul 10:00 AM to 12:00 PM	Sing along	Good old sing song with some of our favourite songs	Private Event
Vesta Lodge	Tue 30 Jul 11:00 AM to 12:00 PM	Cheese cake making	Making a cheese cake	Private Event
Vesta Lodge	Wed 31 Jul 2:00 PM to 3:00 PM	Bingo	Prizes to be won	Private Event
Vesta Lodge	Wed 31 Jul 2:00 PM to 4:00 PM	Pamper afternoon	Pamper afternoon	Private Event

Vesta Lodge	Thu 1 Aug	Pub lunch (subject to change with bus arrangements)	Going to lunch with a few of our residents	Private Event
Vesta Lodge	Fri 2 Aug	Gardening	Spending some time in the sun.	Private Event
Vesta Lodge	Sat 3 Aug	Coffee shop	Time with family and friends	Private Event
Vesta Lodge	Sun 4 Aug	Coffee shop	Time with family and friends	Private Event
Vesta Lodge	Mon 5 Aug	Chair exercising	Keeping our bones moving and active	Private Event
Vesta Lodge	Tue 6 Aug	Guess the picture	A game at looking at strange pictures to see what we can see.	Private Event
Vesta Lodge	Wed 7 Aug	Bingo	Eyes down	Private Event
Vesta Lodge	Thu 8 Aug	Word games	Getting our brains going.	Private Event
Vesta Lodge	Fri 9 Aug	Church service	Monthly Church service	Private Event
Vesta Lodge	Sat 10 Aug	Coffee shop	Time with family and friends	Private Event
Vesta Lodge	Sun 11 Aug	Coffee shop	Time with family and friends	Private Event
Vesta Lodge	Mon 12 Aug	Gardening club	Spending time in the garden seeing to our flowers	Private Event
Vesta Lodge	Tue 13 Aug	Movie morning	Watching a movie of our choice with nibbles	Private Event
Vesta Lodge	Wed 14 Aug	Bingo	Who will be the lucky winner	Private Event
Vesta Lodge	Thu 15 Aug	Chair exercising	Moving our bodies, keeping them going	Private Event
Vesta Lodge	Fri 16 Aug	Fruity Friday	Taste of some amazing fruits	Private Event
Vesta Lodge	Sat 17 Aug	Coffee shop	Time with family and friends	Private Event
Vesta Lodge	Sun 18 Aug	Coffee shop	Time with family and friends	Private Event
Vesta Lodge	Mon 19 Aug	Off out with cameras	Going out to take our own pictures with cameras to print	Private Event
Vesta Lodge	Tue 20 Aug	Arts and crafts	Getting ready for carnival weekend	Private Event
Vesta Lodge	Wed 21 Aug	Bingo	Winner winner house	Private Event

Vesta Lodge	Thu 22 Aug	Out for a walk round the lakes	Subject to weather. Popping out for a stroll and ice cream	Private Event
Vesta Lodge	Fri 23 Aug	Chair exercising	Streaching our muscles	Private Event
Vesta Lodge	Sat 24 Aug	Carnival day	Carnival music, food, drinks	Private Event
Vesta Lodge	Sun 25 Aug	Coffee shop	Time with family and friends	Private Event
Vesta Lodge	Mon 26 Aug	Sing along	Enjoy a Good old Sing along.	Private Event
Vesta Lodge	Tue 27 Aug	No cooking cooking.	Decorating biscuits, making coconut creams	Private Event
Vesta Lodge	Wed 28 Aug	Bingo	Eyes down	Private Event
Vesta Lodge	Thu 29 Aug	Word games	Checking our brains	Private Event
Vesta Lodge	Fri 30 Aug	Poetry group	Having a look at poems and a discussion	Private Event
Vesta Lodge	Sat 31 Aug	Coffee shop	Spending time with family and friends	Private Event
Vesta Lodge	Wed 17 Jul	Breakfast club	Coffee shop open for breakfast.	Private Event

Regular Activities

Every Tuesdays, Wednesdays and Thursdays - Jackie's Hair Salon from 9:30am-3:30pm

Every Wednesday- Pat Dog Visits/Pamper Afternoon/Bingo in the Coffee Shop

Every Thursday- Shopping Trip from 10am

Every Saturday and Sunday – Coffee Shop with Family and Friends

Willow Court, Aldwickbury Crescent, Harpenden, AL5 5SD

Tel: 01582 466244 Email: willow@quantumcare.co.uk

Home	Date	Event	Description	Attending
Willow Court	Sun 21 Jul 11:00 AM to 12:00 PM	Ice Cream Day	making banana splits for ice cream day	Private Event
Willow Court	Mon 29 Jul 6:00 PM to 8:00 PM	Fine dining pop up restaurant	Fine dining pop up restaurant	Public Event
Willow Court	Fri 2 Aug 11:00 AM to 1:00 PM	Pub Trip	trip to the pub for the gentleman	Private Event
Willow Court	Fri 2 Aug 11:00 AM to 1:00 PM	Watercolours on Heathervale unit	Watercolours on Heathervale unit	Private Event
Willow Court	Thu 8 Aug 10:00 AM to 4:00 PM	Bowling Day Trip	Trip to the local bowls club for bowling day	Private Event
Willow Court	Sun 11 Aug 11:00 AM to 1:00 PM	National Son and Daughter Day	brunch - public welcome / families welcome	Public Event
Willow Court	Thu 15 Aug 11:00 AM to 1:00 PM	Relaxation Day	relaxation day, pamper day all day in cafe, for residents, staff, family members - nails, hands massages, head massages, face masks etc.	Private Event
Willow Court	Fri 16 Aug 11:00 AM to 12:00 PM	Elvis memorial day	Elvis memorial day 11-12 Elvis Impersonator performance	Private Event
Willow Court	Wed 21 Aug 9:00 AM to 11:00 AM	World Senior Citizen Day	world senior citizen day - public and family members invited to join our bistro and choir practice 9am and 11am	Public Event
Willow Court	Fri 23 Aug 11:00 AM to 2:00 PM	Notting Hill Carnival	nottinghill carnival' entertainment at 11am and 2am , bbq style food, public welcome	Public Event
Willow Court	Wed 28 Aug 2:00 PM to 3:00 PM	Tea Party	Christchurch afternoon tea party	Private Event
Willow Court	Fri 30 Aug 10:00 AM to 12:00 PM	Cheese and Wine	cheese and wine morning across in	Private Event

			the park for eat outside day	
<p>Regular Events:</p> <p>Every Tuesday- Willow Worship Church Service from 11-12- Internal Invite Only/ Local school comes to help with gardening/knitting, High Beeches Year 5 children library visit from 2pm</p> <p>Every Wednesday- Willow Choir Practise from 11-12- Internal Invite Only, BOOK BUDDIES ALDWICKBURY SCHOOL from 2pm</p> <p>Every Thursday- Dinky Dancers from 10:30-11:30- Toddlers welcome to join the group, there is a fee paid directly to Dink Dancers Group.</p> <p>Every Friday- Wizard Music - The intergenerational classes drive children's musical development through a fun and creative learning experience.</p>				

Below is a sample of some of the typical weekly activities at all of our Homes that fit alongside our many events. This balanced programme of activities covers communication, creative, cognitive, music, physical, recreation, relaxation, reminiscence, sensory, social and spiritual.

Daily/Weekly Events

- Parties
- chair exercises and musical reminiscence
- Tea parties, coffee mornings and lunch parties
- Multi-denominational church services
- Daily Newspapers
- Pampering mornings
- Exercise to music
- Sing-a-long events
- PAT dog visits
- Arts & Crafts
- Gardening Club
- Family games
- Family dining events
- Cooking clubs
- Home shop
- Board games, word games and quizzes
- Day trips out
- Intergenerational activities

