



QUANTUM CARE HOMES' EVENTS CALENDAR 2019

Homes listed alphabetically A-Z

This document is a live document and is continuously being updated. It provides details of forthcoming events being held at Quantum Care homes. Information is up-to-date at time of issue although is continually being updated. Events and activities listed can be subject to change hence why we recommend contact is made prior to attending.

**All enquiries regarding these events should be made
direct to the homes.**

Last updated: 15th May 2019

Anson Court, Shackleton Way, Welwyn Garden City AL7 2FF
Tel: 01707 379700 / Email: anson@quantumcare.co.uk

Home	Date	Event	Description	Attending
Anson Court	29/04/2019 - 05/05/2019	National Gardening Week	Tesco volunteers coming to Anson Court for National Gardening Week 29th April-5th May	Internal Invite Only
Anson Court	01/05/2019	May Day	Bernie celebrates May Day in the Day Centre 11-1	Internal Invite Only
Anson Court	08/05/2019	Art Therapy	Art Therapy with Ian, Best Friends Cafe 10.30-12.30	Internal Invite Only
Anson Court	17/05/2019	Entertainment	Tim entertains 11-12 Best Friends Cafe	Internal Invite Only
Anson Court	23/05/2019	Entertainment	Michael Maisey sings Best Friends Café 2.30pm	Internal Invite Only
Anson Court	24/05/2019	Clock Cricket	Clock Cricket with Richard and Andy 2.30pm	Internal Invite Only
Anson Court	25/05/2019	Coffee Morning	Dementia Talk for Dementia Action Week Coffee Morning with tea and cake provided. 10.30-12.30	Open to the Public

Regular Weekly Events:

Monday: (am) Seated exercises, afternoon there is a Namaste session between 2-3pm

Tuesday: Afternoon at 3:30pm Film night, evening is Bingo night at 6:30PM

Wednesday: 11:15 is Oomph Exercise Session with Sylvie / 4:30-7:30pm Pub Night with friends of Welwyn care homes

Thursday: Bus trip out / 11am Food Tasting / 11am Knit and Natter group in Best Friends Cafe

Friday: Oomph is 11:15 am

Saturday: Coffee Morning in the Best Friends Café 10:30-12:30pm-Open to the public

Monday, Thursday and Saturday : Has a hairdresser come in.

**Beane River View, 1 Beane View, Port Vale, Hertford SG14 3UD
(Tel: 01992 503619/Email: beane@quantumcare.co.uk)**

Home	Date	Event	Description	Attending
Beane River View	02/05/2019	Entertainment	John Goodall Pianist	Internal Invite Only
Beane River View	09/05/2019	Move and Groove	Move and Groove with Sharon	Internal Invite Only
Beane River View	09/05/2019	Film Club	Film Club with Bernie	Internal Invite Only
Beane River View	09/05/2019	Residents Meeting	Residents Meeting	Internal Invite Only
Beane River View	19/05/2019	Gardening at Millmead School	Going to Millmead School with residents to help with their garden	Internal Invite Only
Beane River View	23/05/2019	Dementia Talk by Quantum Care Training Department	At 6:30pm Dementia Friends	Open to the Public
Beane River View	30/05/2019	Entertainment	Dennis one man stand	Internal Invite Only

Regular Weekly Events:

Every Tuesday- Knitting with Mary From 11-1pm

Every Thursday- Move and Groove every other Thursday am- Residents Only

Every Thursday- Film Club with Bernie every other Thursday pm

Every Friday is armchair exercise From 2pm

Belmont View, Hailey Drive, Hailey Lane, Hailey, Hoddesdon SG13 7NY

Tel: 01992 450304 / Email: Belmont@quantumcare.co.uk

Home	Date	Event	Description	Attending
Belmont View	01/05/2019	Party	Mexican Themed Party! 16:00-18:00	Internal Invite Only
Belmont View	02/05/2019	Animal Therapy	Pygmy Goats & Baby Chicks (Animal Therapy) – 15:30-16:30	Internal Invite Only
Belmont View	07/05/2019	National Smile Month	National Smile Month! Fun Photo Booth – 10:30-12:00	Internal Invite Only
Belmont View	09/05/2019	Carla's Social Dinner Club	Carla's Social Dinner Club at Q Club Lounge - 17:00-19:00	Internal Invite Only
Belmont View	09/05/2019 and 16/05/2019	Intergenerational Activities	Intergenerational Activities – Thursday, 9th & 16th – 15:30/16:15	Internal Invite Only
Belmont View	09/05/2019	National Lost a Sock Day	National Lost a Sock Day – Pair Socks Activity - 14:30-16:00	Internal Invite Only
Belmont View	14/05/2019	International Day of Families	International Day of Families! Family Members to Join Loved Ones for a Meal!	Internal Invite Only
Belmont View	13/03/2019 and 27/03/2019	Nicki's Social Dinner Club	3 course meal served for residents and their family to join- ring Belmont View- regarding purchasing a ticket. From 5-7pm	Internal Invite Only
Belmont View	14/05/2019	National Doughnut Week	National Doughnut Week –Decorate Homemade Doughnuts – 14:30-15:30	Internal Invite Only
Belmont View	15/05/2019	Boat Trip	Boat Trip – Harlow - 11:00-15:00	Internal Invite Only
Belmont View	16/05/2019	National Vegetarian Week	National Vegetarian Week! – Vegetarian Food Tasters - 14:30-16:00	Internal Invite Only
Belmont View	17/05/2019	British Sandwich Week	British Sandwich Week – Residents to make their Favourite - 14:30-16:00	Internal Invite Only
Belmont View	20/05/2019	British Tomato Week	British Tomato Week – Gardening Planting Tomatoes Plant - 10:00-12:00	Internal Invite Only
Belmont View	22/05/2019	Entertainment	St. Rotary Club, Variety Show – 18:00-21:00	Internal Invite Only

Belmont View	23/05/2019	Dementia Awareness	Open Day – Dementia Awareness Week Event – 10:15-17:30 Day Schedule: Cakes & Refreshments Stall all day! 10:30-11:15 – Hannah Chair Exercises 11:30-12:30 – Dementia Talk & Dementia Awareness Videos 14:30-16:00 – Magic Table – Demonstration 16:30-17:30 – Live Music with Dave Brierley	Open to the Public
Belmont View	24/05/2019	English Wine Week	English Wine Week - Cheese & Wine Tasting – Loveday 2nd Lounge – 15:00-17:00	Internal Invite Only
Belmont View	28/05/2019	National Biscuits Day	National Biscuits Day – Baking Biscuits w/ Residents - 14:30-16:00	Internal Invite Only
Belmont View	29/05/2019	BBQ	BBQ Week! Residents BBQ – 13:00-14:00	Internal Invite Only

Regular Events

Every Monday and Thursday Morning- Breakfast Club from 8:00-10:00am

Every Monday- Pet Therapy from 11:00am

Every Tuesday, Wednesday and Friday morning- Oomph

Every Tuesday Night- Choir from 6:30pm

Every Tuesday, Wednesday, Thursday and Friday Morning- Tea & Toast from 9:30am-10:30am

Every other Wednesday is the social dinner club- From 5:00pm

Every Thursday- Pearl's Pub Night from 6:30pm

Every Tuesday and Thursday- One2One from 2-4pm

Tuesday and Friday- Namaste Sessions-Treetops Lounge every day from 11am

Courtland Lodge, Courtlands Close, Watford, WD24 5GW
Tel: 01923 681231 / Email: courtland@quantumcare.co.uk

Home	Date	Event	Description	Attending
Courtland Lodge	01/05/2019	May Day	May Day Celebration Flower craft making in BFC in the afternoon also as part of national gardening week. concentrating on forget-me-not for dementia action week	Internal Invite Only
Courtland Lodge	01/05/2019	Holy Communion	Holy Communion 11am	Open to the Public
Courtland Lodge	01/05/2019	Sponsored sky dive	Sponsored sky dive	Internal Invite Only
Courtland Lodge	04/05/2019	Star Wars Day	May the force be with you , star wars themed morning with snacks and games	Open to the Public
Courtland Lodge	06/05/2019	Best Friend Cafe	Best friend café opened with fresh cakes for the bank holiday Monday	Open to the Public
Courtland Lodge	09/05/2019	National Lost Sock Day	National lost sock day , asking people to donate socks to discuss with the residents and make sock puppets with.	Internal Residents Only
Courtland Lodge	17/05/2019	National Baking Day	National baking day in the afternoon	Internal Invite Only
Courtland Lodge	18/05/2019	Eurovision	Morning - Eurovision song contest sweepstake	Internal Invite Only
Courtland Lodge	18/05/2019	Fa Cup Final	Afternoon – FA cup final watching Watford in best friend cafe	Internal Invite Only
Courtland Lodge	22/05/2019	Entertainment	11am - Sandra saxophone player and singer	Internal Invite Only
Courtland Lodge	22/05/2019	Story	2.30pm interactive short story reading with the residents for Conan Doyle birthday	Internal Invite Only
Courtland Lodge	26/05/2019	Dementia Action Week	Church Service at 11am. Courtland Lodge will be there 10:30am-1:30pm offering advice and cake. Christ Church St Albans Road Watford Hertfordshire WD24 5BD	Open to the Public
Courtland Lodge	26/05/2019	Movie Afternoon	Movie afternoon - John Wayne film to celebrate his birthday	Internal Invite Only
Courtland Lodge	29/05/2019	National Biscuit Day	NATIONAL BISCUIT DAY Morning, biscuit tasting session Afternoon, baking session	Internal Invite Only

Courtland Lodge		Dementia Action Week	Literature, quotes and poems available around the home Reminiscence, Art and craft about memories and forget-me-not flower - other events TBC	
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Regular Events
Every Friday – 10am Kingswood Nursery school visit, Afternoons is “Needles and Thread” group doing either knitting, crochet or sewing

Dukeminster Court, Dukeminster Road, Dunstable, LU5 4FF
Tel: 01582474700 Email:Dukeminster@quantumcare.co.uk

Home	Date	Event	Description	Attending
Dukeminster Court	01/05/2019	Activities	Cake and Coffee Morning – 11:30am	Internal Invite Only
			Flower Arranging – 14:30	Internal Invite Only
Dukeminster Court	02/05/2019	Activities	Cutler Day – 11:00-13:00	Internal Invite Only
			VCR – 14:30	Internal Invite Only
Dukeminster Court	03/05/2019	Games	Name that Tune – 11am	Internal Invite Only
Dukeminster Court	05/05/2019	Activities	VCR – 11am	Internal Invite Only
			Water paint	Internal Invite Only
Dukeminster Court	06/05/2019	Activities	Who am I? - 11am	Internal Invite Only
			Board Games – 14:30	Internal Invite Only
Dukeminster Court	07/05/2019	Activities	Boat Trip – leave at 9:00	Internal Residents Only
			Starts – 10:30	Internal Invite Only
Dukeminster Court	08/05/2019	Activities	Pot Planting – 11am	Internal Residents Only
			Wheelchair Exercise - 14:30	Internal Residents Only
			Bingo – 18:30	Internal Residents Only
Dukeminster court	09/05/2019	Activities	Discussion Group – 11am	Internal Invite Only
			Balloon Game – 14:30	Internal Invite Only
Dukeminster Court	10/05/2019	Activities	Sing-a-long – 11am	Internal Invite Only

			Pub Night From 6:30pm	Internal Invite Only
Dukeminster Court	12/05/2019	Activities	Coffee & Newspapers – 11am	Internal Invite Only
			VCR – 14:30	Internal Invite Only
Dukeminster Court	13/05/2019	Games	Name that Tune – 11am	Internal Invite Only
Dukeminster Court	14/05/2019	Film	The Greatest Showman Film – Cinema Room 14:30	Internal Invite Only
Dukeminster Court	15/05/2019	Activities	Wheelchair Exercise – 11am	Internal Invite Only Internal Invite Only
			Bingo - 14:30	
Dukeminster Court	16/05/2019	Activities	VCR – 11am	Internal Residents Only
			Bowls on Grove Unit from 14:30	Internal Residents Only
Dukeminster Court	17/05/2019	Games	Board Games 11am	Internal Invite Only
Dukeminster Court	19/05/2019	Activities	Pot Planting – 11am	Internal Invite Only
			VCR – 14:30	Internal Invite Only
Dukeminster Court	20/05/2019	Sharing Photos	Sharing Photos – 11am	Internal Invite Only
Dukeminster Court	21/05/2019	Activities	Garden Games – 11am	Internal Invite Only
			VCR – 14:30	Internal Invite Only
Dukeminster Court	22/05/2019	Activities	Play your cards right – 11am	Internal Invite Only
			Pub Afternoon – 12pm	Internal Invite Only
Dukeminster Court	23/05/2019	Activities	Puzzles – 11am	Internal Invite Only
			School – 14:00	Internal Invite Only

Dukeminster Court	24/05/2019	Dementia Week	Big Coffee Morning – 11am	Open to the Public
Dukeminster Court	26/05/2019	Activities	Sharing Memories – 11am	Internal Invite Only
			VCR – 14:30	Internal Invite Only
Dukeminster Court	27/05/2019	Games	Name that Tune – 11am	Internal Invite Only
Dukeminster Court	28/05/2019	Activities	Silent Disco – 11:30	Internal Invite Only
			Church Service – 3pm	Internal Invite Only
Dukeminster Court	28/05/2019	Bingo	Bingo – 14:30	Internal Invite Only
Dukeminster Court	30/05/2019	Activities	Trip to the Downs – 10am	Internal Invite Only
			Board Games – 14:30	Internal Invite Only
Dukeminster Court	31/05/2019	Activities	Water Paints – 11am	Internal Invite Only
			Pub Night – 18:30	
Dukeminster Court	03/08/2019	Garden Party	Hawaiian Garden Party Live Music, Face Painting Raffle, Tombola, Games, Pinata, Buffet and Refreshments 2:30-5:30pm	Open to the Public
Regular Weekly Events:				
Monday: Oomph - 14:30 Open to the Public				
Friday: Namaste - 14:30				
Saturday: 11am – Shop Trolley, 14:30 – Cream Tea				

Elmhurst, Windhill, Bishop's Stortford, CM23 2NF
Tel: 01279 713100 Email: elmhurst@quantumcare.co.uk

Home	Date	Event	Description	Attending
Elmhurst	06/05/2019	Entertainment	Dennis The One Man Stand Sings From 14:30	Internal Invite Only
Elmhurst	13/05/2019	Vegetarian Day	Vegetarian day (tasting different foods that are for vegetarians)	Internal Invite Only
Elmhurst	20/05/2019	Chair Exercise	Chair Exercise 10-11.30am Main day room Elmhurst	Internal Invite Only
		Bingo	Bingo 15:00-17:00 Main day room Elmhurst	Internal Invite Only
Elmhurst	21/05/2019	Craft	Craft 10:30-12:30 Main day room Elmhurst	Internal Invite Only
		Sewing session	Sewing session 15:00-17:00 Main day room Elmhurst	Internal Invite Only
Elmhurst	22/05/2019	Pet therapy	Pet therapy 10:00-12:00 Main day room Elmhurst	Internal Invite Only
		Knitting club	Knitting club 15:00-16:30 Main day room Elmhurst	Internal Invite Only
		Cockney Night	Cockney Night (Sausage n Mash, Jellied Eels, Pies, parsley sauce)	Internal Invite Only
Elmhurst	23/05/2019	Quiz	Quiz 10:30-12:00	Open to the Public
		Cake decorating	Cake decorating – to be sold at Maureen's coffee afternoon	Internal Invite Only
		Maureen's coffee shop	Maureen's coffee shop 14:00-16:00	Open to the Public
Elmhurst	24/05/2019	Ball Games	Ball games 10:30-12:30	Internal Invite Only
		Namaste	Namaste 14:30-16:00	Internal Invite Only
Elmhurst	07/06/2019	Great British Fish and Chips Day	Great British Fish and Chips Day	Internal Invite Only
Elmhurst	14/06/2019	Picnic	Picnic outing	Internal Invite Only
Elmhurst	16/06/2019	Father's Day	Father's Day – A 3 course meal in our dayroom. ££	Internal Invite Only

Elmhurst	22/06/2019	Elmhurst Beer and Cider Festival	Elmhurst Beer and Cider Festival – Hopefully we will be given the use of the primary school playing fields (raising money for mini bus)	Open to the Public
Elmhurst	23/06/2019	Elmhurst Sponsored walk to Harlow	Elmhurst Sponsored walk to Harlow (raising money for mini bus)	Internal Invite Only
Regular Weekly Events: Every Thursday Morning- Grove Cottage Chair based exercise classes 3 times a week Maureen’s coffee afternoon every Thursday Crochet and Knitting every Wednesday				

Fosse House, Ermine Close, St. Albans, AL3 4LA
Tel: 01727 819700 Email: fosse@quantumcare.co.uk

Home	Date	Event	Description	Attending
Fosse House	04/05/2019	Star Wars Day	Star Wars movies, staff dress up, space snacks	Internal Residents Only
Fosse House	06/05/2019	Donkey Day	Donkey Day, games, donkey stories, possible donkey visit	Internal Residents Only
Fosse House	11/05/2019	National Donut Week	Games and possible donut man to visit	Internal Residents Only
Fosse House	12/05/2019	Food Allergy Week	Joe giving a talk on allergies to staff and residents	Open to the Public
Fosse House	22/05/2019	Entertainment	Fiona Harrison singing in the foyer 11am	Open to the Public
Fosse House	23/05/2019	Dementia Talk	Join us for a Dementia Talk with Jo Reid 11am-12pm	Open to the Public
Fosse House	24/05/2019	Dementia Simulator	Dementia Simulator with Joseph – experience how it would feel... All Day	Open to the Public
Fosse House	24/05/2019	Namaste	Namaste themed cultural club 2pm-4pm	Open to the Public
Fosse House	27/05/2019	National BBQ Week	Bus party for residents, families, friends and staff	Internal Invite Only
Fosse House	07/06/2019	Great British Fish & Chip Supper	Fish and chip supper wrapped in newspaper	Internal Invite Only
Fosse House	08/06/2019	Queens Birthday	Party time, food, drink and entertainment	Internal Residents Only
Fosse House	10-16/06/2019	Carers Week	Thanks to all our carers within the home!	Internal Residents Only
Fosse House	13/06/2019	Alzheimer's Society Cupcake Day	Making and selling cupcakes	Open to the Public
Fosse House	16/06/2019	Father's Day	Father's day event for dads and their children to enjoy together- Tickets Only	Internal Invite Only

Regular Events

- Every Monday** is arm chair exercise AM, cooking activity PM (residents only)
- Every Tuesday**- Reminiscence AM and reading circle activities PM (residents only)
- Every Wednesday**- Gents Club and musical and munchies (residents only)
- Every Wednesday**- Pub night (friends and family are welcome)
- Every Thursday**- sensory exercise and mini trips out (residents only)
- Every Friday**- Craft and cultural club (residents only)
- Every Thursday and Saturday**- Tots Group- **Open to the Public**

Fourfields, Rosedale Way, Flamstead End, Cheshunt, EN7 6HR

Tel: 01992 624343 Email: fourfields@quantumcare.co.uk

Home	Date	Event	Description	Attending
Fourfields	01/05/2019	Cream Tea	Cream Tea	Internal Invite Only
Fourfields	02/05/2019	Pampering	Pampering	Internal Residents Only
Fourfields	03/05/2019	Activities	Breakfast Club Arts and Craft round bungalows	Internal Residents Only
Fourfields	04/05/2019	Activities	Breakfast Club One 2 One	Internal Residents Only
Fourfields	05/05/2019	Activities	Coffee morning One 2 One Songs of Praise	Open to the public
Fourfields	06/05/2019	Activities	Games in bungalow Pub night	Internal Residents Only
Fourfields	07/05/2019	Entertainment	One 2 One Namaste	Internal Invite Only
Fourfields	08/05/2019	Arts and Crafts	Arts and Craft round bungalows	Internal Residents Only
Fourfields	09/05/2019	Activities	Armchair exercise Daisy the pet dog therapy	Internal Invite Only
Fourfields	10/05/2019	Activities	Breakfast Club Pampering	Internal Invite Only
Fourfields	11/05/2019	Activities	Gardening club Games in bungalows	Internal Invite Only
Fourfields	12/05/2019	Activities	Coffee morning One 2 One Songs of Praise or bungalows	Open to the Public
Fourfields	13/05/2019	Activities	Games in bungalow 2 Afternoon films in the main Lounge	Internal Invite Only

Fourfields	14/05/2019	Activities	One 2 One Namaste all day	Internal Invite Only
Fourfields	15/05/2019	Pampering	Pampering hair in the salon	Residents Only
Fourfields	16/05/2019	Trip	Day trip to White Water Rafting	Internal Invite Only
Fourfields	17/05/2019	Breakfast Club	Breakfast Club in the main Lounge	Internal Invite Only
Fourfields	18/05/2019	Activities	Breakfast Club Bingo in the main Lounge	Internal Invite Only
Fourfields	19/05/2019	Activities	Coffee morning Songs of Praise All bungalow	Open to the public
Fourfields	20/05/2019	Activities	Pampering Pub Night	Residents Only
Fourfields	21/05/2019	Activities	One 2 One Namaste	Internal Invite Only
Fourfields	22/05/2019	Pampering	Pampering - hair in the salon	Residents Only
Fourfields	23/05/2019	Dementia Action Week	Dementia Action Week - we are inviting another home for a tea party	Internal Invite Only
Fourfields	24/05/2019	Activities	Activities with carers in bungalows	Residents Only
Fourfields	25/05/2019	Activities	Gardening club One 2 One	Residents Only
Fourfields	26/05/2019	Activities	Coffee morning Songs of Praise All bungalow	Open to the public
Fourfields	27/05/2019	Activities	Bingo bungalow 1 Afternoon film main Lounge	Residents Only

Fourfields	28/05/2019	Activities	One 2 One Namaste	Residents Only
Fourfields	29/05/2019	Games	Games in bungalow	Residents Only
Fourfields	30/05/2019	Cheese and biscuits	Cheese and biscuits in the main Lounge	Residents Only

Regular Weekly Activities:

Every Monday- Pampering day and Pub Night (Friends and family welcome)

Every Tuesday- Namaste (Residents only)

Every Tuesday- Book and Pen Club/Choir Night

Every Thursday- Dog Therapy (Friends and family are welcome)

Every Friday- Breakfast Club (Friends and family are welcome)

Every Saturday- Gardening Club

Every Sunday- Coffee Morning (Open to the public)

**Garden City Court, Whiteway, Off Radburn Way, Letchworth Garden City, SG6
2PP**

Tel: 01462 473100 Email: garden@quantumcare.co.uk

Home	Date	Event	Description	Attending
Garden City Court	01/05/2019	May Day	MAY DAY Party - Coffee Morning Fred & Chris Entertainment 11AM	Open to the public
		Movie	Movie Time 2PM Picture House	Internal Invite Only
Garden City Court	02/05/2019	Walking Club	National Skin Cancer Awareness - Month Walking Club 11AM	Internal Invite Only
Garden City Court	03/05/2019	Cookery	Cookery 11AM Day Centre	Internal Invite Only
		Walking Club	Walking Club 2PM	Internal Invite Only
Garden City Court	04/05/2019	Star Wars Day	Picture House / Puzzles & Games 2PM Café	Internal Invite Only
Garden City Court	05/05/2019	Games	Quiz & Games 11AM Picture House Unit Activities*	Internal Invite Only
Garden City Court	06/05/2019	BANK HOLIDAY Activities	Movie Matinee 2PM Picture House Songs of Praise All Units	Internal Invite Only
Garden City Court	07/05/2019	Bingo	Bingo 11AM Picture House	Internal Invite Only
		Unit Activities	*unit Activities* 2PM	Internal Invite Only
Garden City Court	08/05/2019	Coffee Morning	Coffee Morning reminiscing 11AM Picture House	Open to the public
		Walking Club	Walking Club 2PM	Internal Invite Only
Garden City Court	09/05/2019	Beetroot	Beetroot Performing 11AM	Internal Invite Only
Garden City Court	10/05/2019	Church Service	St Pauls Church Service 11AM Day Centre	Internal Invite Only
		Hattie's Hedgehogs	Hattie's Hedgehog's 11AM Picture House	Internal Invite Only
		Pamper	Pamper 2PM Blossom	Internal Invite Only
Garden City Court	11/05/2019	Eat What You Want Day	Cooking 2PM Day Centre	Internal Invite Only
Garden City Court	12/05/2019	Quiz	Quiz 11AM Picture House	Internal Invite Only
		Animal Therapy	Charlie the dog Visit 2PM All Units	Internal Invite Only

Garden City Court	13/05/2019	National Vegetarian Week	2PM Picture House	Internal Invite Only
Garden City Court	14/05/2019	Dancing Daisy	Dancing Daisy 11AM Day Centre	Internal Invite Only
		Unit Activities	*unit Activities* 2PM	Internal Invite Only
Garden City Court	15/05/2019	Dance Moves	Dance Moves with Hannah 10:30AM Picture House	Internal Invite Only
		Trip	Trip 10:30AM-2:30PM	Internal Invite Only
		Unit Activities	*Unit Activities* 2PM	Internal Invite Only
Garden City Court	16/05/2019	Walking Club	Walking Club 11AM	Internal Invite Only
Garden City Court	17/05/2019	Coffee Morning Quiz	Coffee Morning Quiz 11AM Picture House	Internal Invite Only
		Sing-along	Sing-along 2PM Rose Garden	Internal Invite Only
Garden City Court	18/05/2019	Bingo	National Museums Day Bingo 11AM Blossom	Internal Invite Only
Garden City Court	19/05/2019	Movie	Film Time 11AM Picture House	Internal Invite Only
		Saganaughts	SAGANAUGHTS 2-4PM Picture House	Internal Invite Only
Garden City Court	20/05/2019	Picture House Walking Club	Picture House / Walking Club 2PM	Internal Invite Only
Garden City Court	21/05/2019	Limo Trip	Limo Trip 10:45AM-2:30PM	Internal Invite Only
		Unit Activities	*Unit Activities* 2PM All Units	Internal Invite Only
Garden City Court	22/05/2019	Birds of Prey	Birds of Prey 11AM Picture House	Internal Invite Only
		Word Games	Word Games 2PM Plum	Internal Invite Only
Garden City Court	23/05/2019	Garden Club	Garden Club 11AM Picture House	Internal Invite Only
Garden City Court	24/05/2019	Bunny Visits	Bunny Visits 11AM All Units	Internal Invite Only
		Puzzle and Games	Puzzle & Games 2PM Blossom	Internal Invite Only
Garden City Court	25/05/2019	English Wine Week	Wine & Cheese Hour 2PM Picture House	Internal Invite Only
Garden City Court	26/05/2019	Church Service	Kings Church service 11AM Picture House	Internal Invite Only
		Animal Therapy	Charlie Dog Visits 2PM All Units	Internal Invite Only

Garden City Court	27/05/2019	Unit Activities	*Unit Activities* 2PM	Internal Invite Only
Garden City Court	28/05/2019	Bunny Visits	Bunny Visits 11AM All Units	Internal Invite Only
		Unit Activities	*Unit Activities* 2PM	Internal Invite Only
		Songs of Praise	Songs of Praise All Units 4PM ALL UNITS	Internal Invite Only
Garden City Court	29/05/2019	National Biscuit Day	Coffee Morning with Bernie 11AM Picture House	Open to the public
		Unit Activities	*Unit Activities* 2PM	Internal Invite Only
Garden City Court	30/05/2019	Movie Time	Movie Time 11AM Picture House	Internal Invite Only
		Quantum Quavers	Quantum Quavers 4PM Café	Internal Invite Only
Garden City Court	31/05/2019	Sing-along	Sing-along & Reminiscing Of Favourite Singers 11AM Picture House	Internal Invite Only
		One2One	One2One 2PM All Units	Internal Invite Only
Garden City Court	01/06/2019	Birthday Party	John Jones 100th Birthday Party!	Internal Invite Only
		Unit Activities	*Unit Activities* 2PM	Internal Invite Only
Garden City Court	02/06/2019	Unit Activities	*Unit Activities*	Internal Invite Only
Garden City Court	03/06/2019	Banner Decorating	Banner Decorating Oak 2PM	Internal Invite Only
Garden City Court	04/06/2019	Bunny Visits	Bunny Visits 11AM All Units	Internal Invite Only
		Unit Activities	*Unit Activities* 2PM	Internal Invite Only
		Day Centre	Classical Music	Internal Invite Only
Garden City Court	05/06/2019	Coffee Morning	Coffee Morning Fred & Chris 11AM Picture House	Open to the public
		Walking Club	Walking Club 2PM	Internal Invite Only
Garden City Court	06/06/2019	Quiz & Word Games	Quiz & Word Games 11AM Plum	Internal Invite Only
Garden City Court	07/06/2019	Hattie's Hedgehogs	Hattie's Hedgehog's 11AM Picture House	Internal Invite Only
		Family Bingo Night	Family Bingo Night 6PM-8PM Book at reception £10	Open to the public
Garden City Court	08/06/2019	Limo Trip	Limo Trip 12:30PM Pickup - Collection 15.30PM	Internal Invite Only

Garden City Court	09/06/2019	Crafts	Summer Crafts 11AM Day Centre	Internal Invite Only
		Animal Therapy	Charlie Dog Visits 2PM All Units	Internal Invite Only
Garden City Court	10/06/2019	Unit Activities	*Unit Activities*	Internal Invite Only
		Day Centre	Crafts	Internal Invite Only
Garden City Court	11/06/2019	Crafts	Pom Pom Making 11AM Plum	Internal Invite Only
		Unit Activities	*Unit Activities*	Internal Invite Only
		Day Centre	Bunny Cuddles	Internal Invite Only
Garden City Court	12/06/2019	Coffee Morning	Coffee Morning James Singer & Guitarist 11AM Picture House	Open to the public
		Unit Activities	*Unit Activities*	Internal Invite Only
		Day Centre	Bingo	Internal Invite Only
Garden City Court	13/06/2019	Cupcake Day	Alzheimer's Society Cupcake DAY 11AM Picture House	Internal Invite Only
Garden City Court	14/06/2019	Church Service	St Paul's Church Service 11AM Picture House	Internal Invite Only
		Pamper	Pamper 2PM	Internal Invite Only
Garden City Court	15/06/2019	Banner Decorating	Banner Decorating 2PM Blossom	Internal Invite Only
Garden City Court	16/06/2019	Crafts	Summer Craft (plant Pot Painting) 11AM Picture House	Internal Invite Only
		Unit Activities	*Unit Activities*	Internal Invite Only
Garden City Court	17/06/2019	Bernie's Father Day Special	Bernie's Father Day Special 11AM Picture House	Internal Invite Only
		Crafts	Summer Crafts 2PM Coffee Shop	Internal Invite Only
Garden City Court	18/06/2019	Walking Club	Walking Club 11AM	Internal Invite Only
		Unit Activities	*Unit Activities*	Internal Invite Only
		Day Centre	Classical Music	Internal Invite Only
Garden City Court	19/06/2019	Trip	Trip out 10:30AM-2PM	Internal Invite Only
		Unit Activities	*Unit Activities*	Internal Invite Only
		Day Centre	Summer Crafts/Walking Club	Internal Invite Only

Garden City Court	20/06/2019	Entertainment	Michael Sings 11AM Picture House	Internal Invite Only
Garden City Court	21/06/2019	Crafts	Summer Craft (Coaster Decorating) 11AM Rose	Internal Invite Only
		Film	Clips of summer Love Films 2PM Plum	Internal Invite Only
Garden City Court	22/06/2019	Walking Club	Walking Club 2PM	Internal Invite Only
Garden City Court	23/06/2019	Church Service	Kings Church Services 11AM Picture House	Internal Invite Only
		Animal Therapy	Charlie Dog Visits 2PM All Units	Internal Invite Only
Garden City Court	24/06/2019	Unit Activities	*Unit Activities*	Internal Invite Only
		Day Centre	Cooking	Internal Invite Only
Garden City Court	25/06/2019	Crafts	Pom Pom 11AM Picture House	Internal Invite Only
		Bunny Visits	Bunny Visits 2PM All Units	Internal Invite Only
Garden City Court	26/06/2019	Day Centre	Trip out Paradise Wildlife Park	Internal Invite Only
		Coffee Morning	Coffee Morning Singalong 11AM Picture House	Open to the public
		Unit Activities	*Unit Activities*	Internal Invite Only
Garden City Court	27/06/2019	Garden Club	Garden Club Decorating Plant Pots Best Friends Cafe	Internal Invite Only
Garden City Court	28/06/2019	Party	BERNIE'S SEASIDE PARTY 11AM Picture House	Internal Invite Only
		Unit Activities	*Unit Activities*	Internal Invite Only
		Day Centre	Book Club	Internal Invite Only
Garden City Court	29/06/2019	Armed Forces Day	ARMED FORCES DAY TOWN FOUNTAIN ALL DAY (Come & Visit us on Our Quantum Care Stall)	Open to the public
Garden City Court	30/06/2019	Games	Games & Word Games 11AM Holly	Internal Invite Only
		Unit Activities	*Unit Activities*	Internal Invite Only

Regular Events

Regular Weekly Events:

Every Monday, Thursday and Saturday- Oomph sessions (Open to the public) – 11am Mondays and Saturdays, 2pm Thursdays

Every Wednesday- Coffee Morning from 11am (Open to the Public)

Every Sunday- Songs of Praise from 4pm –All Units

*activities subject to change at short notice *

Greenacres, Wellfields Close, Hatfield, AL10 0BU
Tel: 01707 280500 Email:greenacres@quantumcare.co.uk

Home	Date	Event	Description	Attending
Greenacres	01/05/2019	Volunteers	BT Company Volunteer's - AM	Internal Invite Only
Greenacres	02/05/2019	Exercise	Chair based exercise with careworker Tina - AM	Internal Invite Only
Greenacres	07/05/2019	Arts and Crafts	Arts and Crafts - AM	Internal Invite Only
Greenacres	08/05/2019	Volunteers	Eisai Volunteer's - AM	Internal Invite Only
Greenacres	09/05/2019	Exercise	Chair based exercise with careworker Tina - AM	Internal Invite Only
Greenacres	14/05/2019	Arts and Crafts	Arts and Crafts - AM	Internal Invite Only
Greenacres	15/05/2019	Market Trip	Trip to Hatfield Market - AM	Internal Invite Only
Greenacres	16/05/2019	Exercise	Chair based exercise with careworker Tina - AM	Internal Invite Only
Greenacres	21/05/2019	Outing	1940's Tea Dance 11am-2pm	Internal Invite Only
Greenacres	22/05/2019	Volunteers	Eisai Volunteer's - AM	Internal Invite Only
Greenacres	23/05/2019	Entertainment	Michael Maisey 11am-12 noon Musical entertainer	Internal Invite Only
		Exercise	Chair based exercise with careworker Tina - PM	Internal Invite Only
		Dementia Talk by Quantum Care Training Department	At 6pm Dementia Friends	Open to the Public
Greenacres	28/05/2019	Arts and Crafts	Arts and Crafts - AM	Internal Invite Only

Greenacres	29/05/2019	Market Trip	Trip to Hatfield Market - AM	Internal Invite Only
Greenacres	30/05/2019	Exercise	Chair based exercise with careworker Tina - AM	Internal Invite Only

Regular Events;

Every Monday: Morning – Musical Memories, Afternoon – Bingo

Every Tuesday: Afternoon – One 2 One

Every Wednesday: Afternoon – Movie afternoon

Every Thursday: Hairdressers and Barber Shop

Every Friday: Morning – Pampering Morning, Afternoon – A trip to memory lane

Every Saturday: Morning – Quick Quiz, Afternoon – Pulling Pints with Jonathon

Every Sunday: Morning –Sunday Service, Afternoon – Read all about it

Heath House, Elstree Road, Bushey Heath, WD23 1GH
Tel: 02089010900 Email: Heath@quantumcare.co.uk

Home	Date	Event	Description	Attending
Heath House	01/05/2019	May Day Party	May Day Party (Cream Tea) Sun Lounge time to be confirmed	Residents and families
Heath House	06/05/2019	Pamper Day	Pamper Day/ Namaste for residents	Residents only
Heath House	08/05/2019	VE Day	VE Day Dave Brierly will sing live from 11am -12 pm in Sun Lounge	Residents and families
Heath House	09/05/2019	Baking	Baking with Zaneta in Clarence Dining Room from 11 am	Residents and families
Heath House	10/05/2019	Arts and Crafts	Arts and Crafts Session from 11 am	Residents and families
Heath House	13/05/2019	Pamper Day	Pamper/Namaste Day with Zaneta and Maggie from 11 am	Residents only
Heath House	14/05/2019	Church Service	Church Service Sun Lounge at 11 am	Open to the public
Heath House	21/05/2019	Entertainment	Live entertainment in Sun Lounge - Michael Maisey will sing at 11 am	Residents and families
Heath House	23/05/2019	Arts and Crafts	Arts and Crafts and Colouring Session from 11 am	Residents only
		Dementia Action Week	Dementia Talk with Svetlana on the 23/05/19 from 6pm-8pm, with refreshments - Friends and Family are invited.	Open to the public
Heath House	25/05/2019	Coffee Morning	Friends and Family Meeting and coffee morning at 10.30 am in Sun Lounge	Residents, friends and families
Heath Hose	27/05/2019	Pamper Day	Pamper Day and Namaste, including manicures for residents	Residents only
Heath House	30/05/2019	Baking	Baking Session in Clarence Dining Room from 11am	Residents and families

Regular Weekly Events:

Every Monday- Namaste- (Residents Only)

Every other Thursday- Baking From 10:45am-(Residents Only)

Every Saturdays- Keep Fit and Quiz- (friends and family are welcome)

Every Sunday- Film morning- (friends and family are welcome)

Jubilee Court, Hayward Close, Stevenage, SG1 5BS

Tel: jubilee@quantumcare.co.uk Email: jubilee@quantumcare.co.uk

Home	Date	Event	Description	Attending
Jubilee Court	02/05/2019	Flower Arranging	Flower Arranging 'Flowers and Folk Music' - 11am Cafe	Internal Invite Only
Jubilee Court	07/05/2019	May Festival	May Festival - 11am Café	Internal Invite Only
Jubilee Court	08/05/2019	Trip Out	Trip Out	Internal Invite Only
Jubilee Court	15/05/2019	Cheese 'n' Wine	Cheese 'n' Wine – 11am Cafe	Internal Invite Only
Jubilee Court	21/05/2019	Entertainment	Dave Brierley Entertains – 2:30pm Yew Tree	Internal Invite Only
Jubilee Court	22/05/2019	Strike it Lucky	Strike it Lucky – 11am Cafe	Internal Invite Only
		Dementia Talk by Quantum Care Training Department	At 6:30pm Dementia Friends	Open to the Public
Jubilee Court	28/05/2019	Race Day	Race Day – 11am Cafe	Internal Invite Only

**Margaret House, Personage Close, Abotts Langley, Watford, WD5 0BQ
Tel: 01923 261190 Email: Margaret@quantumcare.co.uk**

Home	Date	Event	Description	Attending
Margaret House	08/05/2019	Zoo Lab	Zoo Lab	Internal Invite Only
Margaret House	16/05/2019	Entertainment	Ricardo the Singer	Internal Invite Only
Margaret House	18/05/2019	FA Cup Final	FA cup Final day - Family BBQ	Residents and Families
Margaret House	25/05/2019	Dementia Friends	Dementia Friends meeting with Jo At 2pm	Open to the Public
Margaret House	TBA	Trip	Trip to Hemel Hempstead Water Gardens	Internal Invite Only

Regular Weekly Events:

Every Monday- One to ones- Residents Only, Milkshake Mondays

Every Tuesday- Knitting AM- Internal Invite Only

Every Tuesday- Hairdresser visits- All Day

Every Wednesday- Day Trip- Weather Pending- Internal Residents Only

Every Thursday- Coffee Morning- Open to the Public

Every Friday- Keep Fit in the day centre with Sarah

Every Friday- Tots Group from Kingsway Nursery come to visit From 10am

Mayfair Lodge, The Walk, Potters Bar, EN6 1QN
Tel: 01707 871800 Email: mayfair@quantumcare.co.uk

Home	Date	Event	Description	Attending
Mayfair Lodge	23/05/2019	Dementia Week	11 am Fundraise for Alzheimer's Society	Open to the Public
Mayfair Lodge	01/05/2019	May Day Celebration	Flower Arranging and arts and crafts	Residents and families
Mayfair Lodge	20-26/05/2019	Dementia Action Week	Dementia talk, and Information leaflets	Open to the Public
Mayfair Lodge	15/05/2019	World Meditation Day	Live piano relaxing music with massage and reading.	Open to the Public
Mayfair Lodge	21/05/2019	Dementia Week	11am the Information Stand	Open to the Public
Mayfair Lodge	22/05/2019	English Wine Week	Wine testing in our PUB	Open to the Public
Mayfair Lodge	23/05/2019	Dementia Week	11 am Fundraise for Alzheimer's Society	Open to the Public
Mayfair Lodge	07/06/2019	Great British Fish & Supper	Fish and chips wrapped in newspaper	Residents Only
Mayfair Lodge	04/06/2019	RAF Museum	Trip out to RAF Museum, also a spots of lunch	Residents and families
Mayfair Lodge	08/06/2019	Queen's Birthday	Decorating the reception area, old fashion tea party.	Open to the Public
Mayfair Lodge	11/06/2019	RAF Museum	Trip out to RAF Museum, also a spots of lunch	Residents and families
Mayfair Lodge	10-16/06/2019	Carers Week	To say thanks all our careers in the home, refreshments.	Open to the Public
Mayfair Lodge	13/06/2019	Alzheimer's Society Cupcake Day	Making and selling cupcakes	Residents and families
Mayfair Lodge	18/06/2019	RAF Museum	Trip out to RAF Museum, also a spots of lunch	Residents and families

Regular Weekly Activities:

Every Monday Wednesday and Friday- Oomph activity From 11am **(Open to the Public)**

Every Monday - Knitting Club(Residents Only)

Every Tuesday and Wednesday- Hair Dresser(Residents Only)

Every Tuesday and Friday- Namaste sessions (Residents Only)

Every Wednesday- Pub Night (Residents and Family)

Every other second week Thursday- Exercise with Sarah (Residents Only)

Twice Every week Tuesday, Friday- Namaste(Residents Only)

Every Friday- Shelley Bakery- (Residents Only)

Every Friday- Pet therapy (Residents and Family)

Once a month- Church Service (Residents and Family)

Once a week- Weekly shop (Residents Only)

Meresworth, Dellwodd, Field Way, Rickmansworth, WD3 7EJ

Tel: 01923714300 Email: Meresworth@quantumcare.co.uk

Home	Date	Event	Description	Attending
Meresworth	01/06/2019	May Day	Movie Morning 11am Coffee Lounge	Residents Only
Meresworth	02/06/2019	VR Headset	VR Headset 2pm Coffee Lounge	Residents Only
Meresworth	04/05/2019	Spring Fair	Friends of Meresworth Spring Fair 11am-4pm Day Centre/Garden	Open to the Public
Meresworth	05/05/2019	Reminiscence	Reminiscence 11am Units	Residents Only
Meresworth	06/05/2019	Bingo	Bingo 2pm Coffee Lounge	Residents Only
		Manicures	Manicures 6pm Units	Residents Only
Meresworth	07/05/2019	Games	Card Games – Casino Time 11am Coffee Lounge	Residents Only
		Gardening	Gardening 2pm Main Garden or Coffee Lounge	Residents Only
		Time for a Chat	Time for a Chat 6pm Units	Residents Only
Meresworth	08/05/2019	VE Day – 75 Years	VE Day Coffee Morning 11am Day Centre	Residents Only
		Crosswords	Crosswords 2pm Units	Residents Only
Meresworth	09/05/2019	National Lost Sock Day	Making Sock Puppets 11am Coffee Lounge	Residents Only
		VR Headset	VR Headset 2pm Coffee Lounge	Residents Only
Meresworth	10/05/2019	Seed Potting	Seed Potting 11am Garden Area	Residents Only

Meresworth	12/05/2019	Flower Arranging	Flower Arranging 11am Coffee Lounge	Residents Only
Meresworth	13/05/2019	Poetry	Poetry 2pm Coffee Lounge	Residents Only
		Namaste Reminiscence	Namaste Reminiscence 6pm Day Centre	Residents Only
Meresworth	14/05/2019	Games	Card Games – Casino Time 11am Coffee Lounge	Residents Only
		Gardening	Gardening 2pm Main Garden or Coffee Lounge	Residents Only
		Time for a Chat	Time for a Chat 6pm Units	Residents Only
Meresworth	15/05/2019	Movie Morning	Movie Moring 11am Coffee Lounge	Residents Only
Meresworth	16/05/2019	VR Headset	VR Headset 2pm Coffee Lounge	Residents Only
Meresworth	20/05/2019	Manicures	Manicures 2pm Coffee Lounge	Residents Only
		Namaste Reminiscence	Namaste Reminiscence 6pm Day Centre	Residents Only
Meresworth	21/05/2019	Dementia Action Week Dementia Talk by Quantum Care Training Department	Dementia Friends Talk 11am Coffee Lounge	Open to the Public
		10 minutes activity folder	10 minutes activity folder 2pm Units	Residents Only
		Time for a Chat	Time for a Chat 6pm Units	Residents Only
Meresworth	22/05/2019	Cheese and Wine Tasting	Cheese and Wine Tasting 11am Coffee Lounge	Residents Only
Meresworth	23/05/2019	Zoo Lab	Zoo Lab 3.30pm Day Centre	Residents Only
Meresworth	24/05/2019	Trip	Canal Trip 10am	Residents Only

		Word Searches	Word Searches 11am Units	Residents Only
Meresworth	26/05/2019	Flower Arranging	Flower Arranging 10.30am Coffee Lounge	Residents Only
Meresworth	27/05/2019	Poetry	Poetry 2pm Coffee Lounge	Residents Only
		Namaste Reminiscence	Namaste Reminiscence 6pm Day Centre	Residents Only
Meresworth	07/05/2019	Games	Card Games – Casino Time 11am Coffee Lounge	Residents Only
		Gardening	Gardening 2pm Main Garden or Coffee Lounge	Residents Only
		Time for a Chat	Time for a Chat 6pm Units	Residents Only
Meresworth	29/05/2019	National Biscuit Day	National Biscuit taster 11am Coffee Lounge	Residents Only
Meresworth	30/05/2019	VR Headset	VR Headset 2pm Coffee Lounge	Residents Only
Meresworth	31/05/2019	Nathan's Farm	Nathan's Farm 11am Day Centre	Residents Only

Regular Weekly Activities:

Every Monday- Oomph 11am Day Centre- **Open to the Public**, Cooking 11am Coffee Lounge,

Every Tuesday- Cooking Morning From 11am- Internal Invite Only, Gardening From 2pm

Every Wednesday- Bowling with Doris- **Open to the Public**, Namaste From 2pm, Exercise with Jack-2pm, Pub Quiz From 6pm.

Every Thursday- Arts and Crafts AM, Movie Night From 6pm- Internal Invite Only

Every Friday- Oomph- AM- **Open to the Public**, Choir Practise-2pm- Internal Invite Only, Exercise with Jack From 2pm **Open to the Public**, Manicures- From 6pm- Internal Residents Only

Every Saturday- Sing Along- From 11am, Sports or Films on TV 2.30pm Units, Games and Puzzles 6pm Units

Every Sunday- Reminiscence From 10:30am - Internal Residents Only, Church Service 3:30pm Day Centre, Games and Puzzles 6pm Units

Mountbatten Lodge, Old Crabtree Lane, Hemel Hempstead, HP2 4EX

Tel: 01442 244188 Email: meresworth@quantumcare.co.uk

Home	Date	Event	Description	Attending
Mountbatten Lodge	01/05/2019	Chair Based Exercise	Chair Based Exercise - AM	Internal Invite Only
		Card Games	Card Games - PM	
Mountbatten Lodge	02/05/2019	Activities Manicure	Manicure - PM	Internal Invite Only
		Meditation	Meditation - Evening	
Mountbatten Lodge	04/05/2019	Sponsored Walk	Sponsored Walk	Open to the Public
		Cookie Making	Cookie Making - PM	Internal Invite Only
		Sing-a-long	Sing-a-long with music - Evening	Internal Invite Only
Mountbatten Lodge	05/05/2019	Quiz	General Knowledge Quiz – PM	Internal Invite Only
		Unit Activities	Unit Activities - Evening	Internal Invite Only
Mountbatten Lodge	06/05/2019	Shopping	Shopping at Tesco - AM	Internal Invite Only
		Arts and Crafts	Arts and Crafts - PM	Internal Invite Only
		Quiz	General Knowledge Quiz - Evening	Internal Invite Only
Mountbatten Lodge	07/05/2019	Unit Activities	Unit Activities - Evening	Internal Invite Only
Mountbatten Lodge	08/05/2019	Chair Based Exercise	Chair Based Exercise - AM	Internal Invite Only

		Arts and Crafts	Arts and Crafts - PM	Internal Residents Only
Mountbatten Lodge	09/05/2019	Manicure	Manicure - PM	Internal Residents Only
		Sing-A-Long	Group Sing-A-Long - Evening	Internal Residents Only
Mountbatten Lodge	11/05/2019	Balloon Games	Balloon Games - AM	Internal Invite Only
		Reminiscence	Reminiscence - PM	Open to the Public
		Unit Activities	Unit Activities - Evening	Internal Invite Only
Mountbatten Lodge	12/05/2019	Movies	Movies with Popcorn - PM	Internal Invite Only
		Unit Activities	Storytelling - Evening	Internal Residents Only
Mountbatten Lodge	13/05/2019	Church Services	Church Services - AM	Open to the Public
		Shopping	Shopping at Tesco - PM	Internal Residents Only
		Listening to Music	Listening to Music - Evening	Internal Residents Only
Mountbatten Lodge	14/05/2019	Sing-A-Long	Sing-a-long with music through the ages - Evening	Internal Residents Only
Mountbatten Lodge	15/05/2019	Chair Based Exercise	Chair Based Exercise - AM	Internal Invite Only
		Bingo	Bingo - PM	Internal Residents Only
Mountbatten Lodge	16/05/2019	Manicure	Manicure - PM	Internal Residents Only
		Movies	Movies in the Unit - Evening	Internal Residents Only

Mountbatten Lodge	18/05/2019	Balloon Games	Balloon Games - AM	Internal Residents Only
		Manicure	Manicure - PM	Internal Residents Only
		Sing-A-Long	Group Sing-A-Long - Evening	Internal Residents Only
Mountbatten Lodge	19/05/2019	Arts and Crafts	Arts and Crafts - PM	Internal Residents Only
		Name that Tune	Name that Tune - Evening	Internal Residents Only
Mountbatten Lodge	20/05/2019	Shopping	Shopping at Tesco - AM	Internal Residents Only
		Dementia Talk by Quantum Care Training Department	11am Dementia Friends	Open to the Public
		Tea Party	Tea Party with residents and families - PM	Open to the Public
		Unit Activities	Unit Activities - Evening	Internal Residents Only
Mountbatten Lodge	21/05/2019	Card Games	Card Games - Evening	Internal Residents Only
Mountbatten Lodge	22/05/2019	Bernice Clothes Fair	Bernice Clothes Fair - AM	Open to the Public
		Chair Based Exercise	Chair Based Exercise - PM	Internal Residents Only
Mountbatten Lodge	23/05/2019	Entertainment	Entertainment by Riccardo - PM	Open to the Public
		Meditation	Meditation - Evening	Internal Residents Only
Mountbatten Lodge	25/05/2019	Balloon Games	Balloon Games - AM	Internal Residents Only
		Exercise	Exercise with Sarah - PM	Open to the Public

		Movie Night	Movie Night - Evening	Internal Residents Only
Mountbatten Lodge	26/05/2019	Walking in the Garden	Walking in the Garden - PM	Internal Residents Only
		Sing-A-Long	Sing-a-long with music through the ages - Evening	Internal Residents Only
Mountbatten Lodge	27/05/2019	Shopping	Shopping at Tesco - AM	Internal Residents Only
		Card Games	Card Games - PM	Internal Residents Only
		Card Games	Card Games in the Unit - Evening	Internal Residents Only
Mountbatten Lodge	28/05/2019	Meditation	Meditation - Evening	Internal Residents Only
Mountbatten Lodge	29/05/2019	Chair Based Exercise	Chair Based Exercise - AM	Internal Residents Only
		Dough Modelling	Dough Modelling - PM	Internal Residents Only
Mountbatten Lodge	30/05/2019	100 th Birthday Party	100 th Birthday Party	Open to the Public
		Meditation	Meditation - Evening	Internal Residents Only
Mountbatten Lodge	02/06/2019	Quiz	General Knowledge Quiz - PM	Internal Residents Only
		Meditation	Meditation - Evening	Internal Residents Only
Mountbatten Lodge	03/06/2019	Church Service	Church Service - AM	Open to the Public
		Unit Activities	Unit Activities - Evening	Internal Residents Only
Mountbatten Lodge	04/06/2019	Sing-A-Long	Sing-a-long with music - Evening	Internal Residents Only

Mountbatten Lodge	05/06/2019	Walking	Walking in the Garden - PM	Internal Residents Only
		Unit Activities	Unit Activities - Evening	Internal Residents Only
Mountbatten Lodge	06/06/2019	Trip	Trip to Stock wood Museum - AM	Open to the Public
		Quiz	General Knowledge Quiz – Evening	Internal Residents Only
Mountbatten Lodge	07/06/2019	Movie	Movie with popcorn - PM	Internal Residents Only
Mountbatten Lodge	09/06/2019	Games	Board Games - PM	Internal Residents Only
		Sing-A-Long	Group Sing-A-Long - Evening	Internal Residents Only
Mountbatten Lodge	10/06/2019	Meditation	Mediation - PM	Internal Residents Only
		Storytelling	Storytelling - Evening	Internal Residents Only
Mountbatten Lodge	11/06/2019	Unit Activities	Unit Activities - Evening	Internal Residents Only
Mountbatten Lodge	12/06/2019	Quiz	General Knowledge Quiz – PM	Internal Residents Only
		Sing-A-Long	Sing-a-long with music through the ages - Evening	Internal Residents Only
Mountbatten Lodge	13/06/2019	Manicure	Manicure - PM	Internal Residents Only
		Music	Listening to Music - Evening	Internal Residents Only
Mountbatten Lodge	14/06/2019	Reminiscence	Reminiscence - PM	Internal Residents Only
Mountbatten Lodge	16/06/2019	Bingo	Bingo - PM	Internal Residents Only

		Movie	Movies in the unit - Evening	Internal Residents Only
Mountbatten Lodge	17/06/2019	Baking	Baking - PM	Internal Residents Only
		Games	Name That Tune - Evening	Internal Residents Only
Mountbatten Lodge	18/06/2019	Sing-A-Long	Group Sing-A-Long - Evening	Internal Residents Only
Mountbatten Lodge	19/06/2019	Party	Garden Party - PM	Open to the Public
		Games	Card Games - Evening	Internal Residents Only
Mountbatten Lodge	20/06/2019	Games	Card Games - PM	Internal Residents Only
		Unit Activities	Unit Activities - Evening	Internal Residents Only
Mountbatten Lodge	21/06/2019	Movie	Movie with popcorn - PM	Internal Residents Only
Mountbatten Lodge	23/06/2019	Games	Card Games - PM	Internal Residents Only
		Meditation	Meditation - Evening	Internal Residents Only
Mountbatten Lodge	24/06/2019	Afternoon Tea	Afternoon Tea with Cakes - PM	Open to the Public
		Sing-A-Long	Sing-a-long with music through the ages - Evening	Internal Residents Only
Mountbatten Lodge	25/06/2019	Movie	Movie Night - Evening	Internal Residents Only
Mountbatten Lodge	26/06/2019	Flower Arranging	Flower Arranging - PM	Internal Residents Only
		Meditation	Meditation - Evening	Internal Residents Only

Mountbatten Lodge	27/06/2019	Trip	Trip to Southend Seaside - AM	Open to the Public
		Manicure	Manicure - PM	Internal Residents Only
		Games	Card Games in the unit - Evening	Internal Residents Only
Mountbatten Lodge	28/06/2019	Open Day	Celebrating Arts in Care - PM	Open to the Public
Mountbatten Lodge	30/06/2019	Quiz	General Knowledge Quiz – PM	Internal Residents Only
		Meditation	Meditation - Evening	Internal Residents Only

Regular Weekly Activity:

Every Monday-Shopping trip to Tesco

Every Tuesday - Breakfast Club Open to the Public, Namaste in Afternoons

Every Wednesday- Exercise, Unit Activities in Evenings in May

Every Thursday- Cooking

Every Friday- Morning - Namaste / Afternoon - Gardening Club in May / Evening – Pub Night Open to the Public

Every Saturday- Manicure Morning in June / Afternoon - Gardening Club in June / Evening – Unit Activities in June

Every Sunday- Manicure Morning in May, Balloon Games in June

Pinewood Lodge, Oxhey Drive, South Oxhey, Watford, WD19 7HR

Tel: 020 842`7900 Email: pinewood@quantumcare.co.uk

Home	Date	Event	Description	Attending
Pinewood Lodge	03/05/2019	Dementia Awareness	Red lippy day for Dementia Aawarness	Open to the Public
Pinewood Lodge	08/05/2019	Entertainment	Amie Clapson performing for VE Day (in house and Q Club)	Internal Invite Only
Pinewood Lodge	13/05/2019	Animal Therapy	Alfalfa the therapy dog visiting (in house)	Internal Invite Only
Pinewood Lodge	16/05/2019	Entertainment	Elvis will be performing (in house and Q Club)	Internal Invite Only
Pinewood Lodge	21/05/2019	Dementia Week Dementia Talk by Quantum Care Training Department	Dementia talk with Jo Reid (public, families and friends) 6pm Dementia Friends	Open to the Public
Pinewood Lodge	22/05/2019	Church Service	Church Service	Open to the Public
Pinewood Lodge	27/05/2019	Table Tennis	Table Tennis tournament	Internal Invite Only
Pinewood Lodge	29/05/2019	Shopping Trip	Trip to the local shops (in house)	Internal Invite Only

Providence Court, Baldock, SG7 6TT
Tel: 01462 490870 Email: providence@quantumcare.co.uk

Home	Date	Event	Description	Attending
Providence Court	01/05/2019	Pub Night	Pub Night Theme Family Bingo Evening From 18:30	Internal Invite Only
Providence Court	17/05/2019	British Themed Day	Pizza party day Make your own pizza	Internal Invite Only
Providence Court	20/05/2019	Quiz	Dementia quiz 1pm	Open to the Public
Providence Court	21/05/2019	Tuesdays for tea	Tuesdays for tea holding cake stall	Open to the Public
Providence Court	22/05/2019	Auction of promises	Auction of promises From 18:30	Open to the Public
Providence Court	23/05/2019	Fancy dress party	Fancy dress party Theme of 50 and 60	Internal Invite Only
Providence Court	24/05/2019	Dementia Talk	Providence Court Dementia Awareness Talk on Friday 24th May 2019 11am-12noon - Please call and book your place	Open to the Public
Providence Court	25/05/2019	BBQ	BBQ for Dementia Action Week 12- 3pm BBQ, Live Entertainment from Bethan, Face Painting, Community Stalls	Open to the Public
Providence Court	28/05/2019	Pub Lunch	Trip to the pub for lunch	Internal Invite Only
Providence Court	03/06/2019	Pub evening	Pub evening 18:30	
Providence Court	05/06/2019	Trip	Jordans mill outing 10am	
Providence Court	17/06/2019	Picnic	Picnic day Picnic in the garden with pony visit 1pm	
Providence Court	17/06/2019	Trip	Lavender fields outing 10am	
Providence Court	19/06/2019	Birthday Party	Residents birthday party 18:30pm	
Providence Court	26/06/2019	Bingo	Family bingo night 18:30pm	

Regular Events:

Every Tuesday –Friday Morning- Either Namaste morning or Reminisce Morning from 10-12:30 – Internal residents only

Every Tuesday- Tea for Two- From 11-12pm- **Open to the Public**

Every Wednesday – Pub Night in the Best Friends Café (each week different theme) From 6:30pm – 8pm

Every Thursday- Religious Visits from 2-3:30pm

Every Friday- Choir from 3-4pm

Richard Cox House, Dog Kennel, Lane, Royston, SG8 YAB
Tel: 01763 249111 Email: r_cox@quantumcare.co.uk

Home	Date	Event	Description	Attending
Richard Cox House	26/05/2019	Dementia Talk by Quantum Care Training Department	11am Dementia Friends	Open to the Public

Regular Events

Every Monday, Wednesday and Saturday is Oomph

Every Tuesday- Hertswide

Every Thursday- Orchard Nursery comes to visits the residents for some Intergeneration activities

Every Friday- Bingo/Arts and Crafts

All other days are filled with activities such as: baking, cooking, flower arranging and games/quiz's

**The Fairway, Green Lane, Highlands, Oxhey, WD18 4LX Tel: 01923 221345
Email:Fairway@quantumcare.co.uk**

Home	Date	Event	Description	Attending
The Fairway	1st May	May Day	10:30am Flower arrangements	Open to the Public
The Fairway	14th May	Vegetarian Week	10:30am Baking vegetarian food/pizza	Internal
The Fairway	20th May	Dementia Action week	10:30am Every day something different, activities suitable for dementia (Music therapy, animal/bird therapy, trips out) Coffee Mornings, stand with information about dementia, etc	
The Fairway	24th May	Dementia Action week	10:30am Owl and Bird of Prey visit	Open to the Public
The Fairway	25th May	English Wine week	10:30am English Wine tasting	Open to the Public
The Fairway	30th May	Local Community history	10:30am Local Community Day, Coffee Morning, history facts from our local community	Open to the Public
The Fairway	7th June	Great British Fish & Chips Supper Day	5pm Fish and chips, pub quiz	Internal
The Fairway	8th June	Trooping the colour	11am Entertainer booked, tea party, celebrating Queen's birthday	Open to the Public
The Fairway	10th June	Carers Week	10:30am Random acts of kindness for our carers	Open to the Public
The Fairway	13th June	Alzheimer's Society Cupcake Day	10:30am Homemade cupcakes for sale	Open to the Public
The Fairway	16th June	Father's Day	All Day - Pampering and Family Day	Open to the Public
The Fairway	28th June	National Care Home Open Day	11am Celebrating the role of Arts in care (room decorated with our own collection of paintings and flower arrangements done by our residents)	Open to the Public

The Mead, Castleford Close, Borehamwood, WD6 4AL

Tel: 020 89538573 Email:mead@quantumcare.co.uk

Home	Date	Event	Description	Attending
The Mead	01/05/2019	May Day	Flower Arranging and crafts From 11am and 2pm	Internal Invite Only
The Mead	12/05/2019	Entertainment	Live music From 3pm	Open to the Public
The Mead	26/05/2019	Entertainment	Live music From 3pm	Open to the Public
The Mead	20-26/05/2019	Dementia Action Week	Dementia Awareness Week	Open to the Public
The Mead	20-24/05/2019	Dementia Action Week	Information leaflets and afternoon Café open Free Refreshments Monday 20th-Friday 24th May 2019 from 2pm Music, Crafts & Reminiscing	Open to the Public
The Mead	22/05/2019	Sing Along	Sing Along in the day day centre From 11am	Open to the Public
The Mead	25/05/2019	Coffee Morning	Coffee Morning 11am-12.30pm	Open to the Public
The Mead	26/05/2019	Concert	Sunday concert 26th May 3pm-4pm	Open to the Public
The Mead	07/06/2019	British Fish & Chip Supper	Club night with quiz From 6-8pm	Open to the Public
The Mead	09/06/2019	Sunday Concert	Sunday Concert with music/refreshments From 3pm	Open to the Public
The Mead	10-16/06/2019	Carers Week	TBA	Internal Invite Only
The Mead	13/06/2019	Alzheimer's Society Cupcake Day	Fund raiser all day selling cakes and refreshments	Open to the Public
The Mead	16/06/2019	Father's Day	Treats provided for unity based activities	Internal Invite Only
The Mead	23/06/2019	Sunday Concert	Sunday Concert with music/refreshments From 3pm	Open to the Public

Regular Weekly Activities

Every Tuesday- Seated Exercise (Open to the Public)

Every Saturday- Coffee Morning with games/music/refreshments From 11am (Open to the Public)

Trefoil House, Birdsfoot Lane, Luton, Bedfordshire, LU3 2DN
Tel: 01582 494158 Email:trefoil@quantumcare.co.uk

Home	Date	Event	Description	Attending
Trefoil House	21/05/2019	Coffee Morning	Coffee morning 10.30am to 12pm	Open to the Public
Trefoil house	23/05/2019	Dementia Talk by Quantum Care Training Department	6pm Dementia Friends	Open to the Public

Regular Weekly Activities:

Every Thursday: Every Other Week Live Entertainment at O'Briens Bar 2-3:30pm / Holy Communion

Monthly Activity: Residents sings songs of praise From 2:30-3:00

Tye Green Lodge, Tye Green Village, Harlow, Essex, CM18 6QY
Tel: 01279 770500 Email: tye@quantumcare.co.uk

Home	Date	Event	Description	Attending
Tye Green Lodge	01/05/2019	Church Service	Church Service	Open to the Public
Tye Green Lodge	02/05/2019	Animal Therapy	Pygmy Goats & Baby Chicks visit	Families and Friends welcome
Tye Green Lodge	03/05/2019	Residents Committee meeting	Our monthly Residents Committee meeting	Internal Invite Only
Tye Green Lodge	08/05/2019	Entertainment	Peter Day - New Singer	Open to the Public
Tye Green Lodge	15/05/2019	Church Service	Church Service with Communion for the Residents that wish to take part	Open to the Public
Tye Green Lodge	20/05/2019	Canalability	Canalability- our Annual Canal Boat Trip	Internal Invite Only
Tye Green Lodge	23/05/2019	Evening fundraising show	Evening Fund raising show - of entertainment. Hopefully we will be able to open the gardens up - we provide the entertainment and families bring in their own drinks and nibbles	Families and Friends welcome
Tye Green Lodge	26/05/2019	Church Service	Sunday Church visit with Puppet Show included	Open to the Public
Tye Green Lodge	29/05/2019	Entertainment	Bethan Scenes- new singer to Tye Green	Open to the Public

Regular Weekly Activities:

Every Monday: Armchair Exercises with Oomph Session included

Every Wednesday and Friday: Breakfast club

Every Thursday: Lily Pins Hairstylists - Hand Massage and Nails Polish

Vesta Lodge, Watling View, St. Albans, AL1 2PB
Tel:0727 799600 Email: vesta@quantumcare.co.uk

Home	Date	Event	Description	Attending
Vesta Lodge				

Regular Activities

Every Tuesdays, Wednesdays and Thursdays - Jackie's Hair Salon from 9:30am-3:30pm

Every Wednesday- Pat Dog Visits/Pamper Afternoon

Every Thursday- Shopping Trip from 10am

Willow Court, Aldwickbury Crescent, Harpenden, AL5 5SD

Tel: 01582 466244 Email: willow@quantumcare.oc.uk

Home	Date	Event	Description	Attending
Willow Court	01/05/2019	World Culture Day	World Culture Day A celebration of our diverse home Bag pipe performance @ 11am Steel pan performance @2pm Food from around the world - Public welcome	Open to the Public
Willow Court	10/05/2019	Cheese and Wine	Cheese and wine tasting 2pm	Open to the Public
Willow Court	17/05/2019	Entertainment	11am - Step back in time !! Live music from Jamie (50s and 60s) refreshments provided	Open to the Public
Willow Court	20/05/2019	Dementia Action Week	Heathervale - Country drive	Open to the Public
Willow Court	21/05/2019	Dementia Action Week	2pm - The launch of pimp my Zimmer, members of the Herts University NHS foundation, mental health, physical health and local school children working together in a intergenerational way.	Open to the Public
Willow Court	22/05/2019	Dementia Action Week	Trip out for Rosebriar residents	Open to the Public
Willow Court	23/05/2019	Dementia Action Week	Stand at the local Coop (promoting Willow Court and dementia awareness)	Open to the Public
Willow Court	24/05/2019	Dementia Action Week	2pm - WILLOW court will be hosting the year 5 High Beeches class assembly, YOU'VE GOT A FRIEND IN ME - celebrating the friendships made throughout the school year between our residents and the children. Parents, friends and family will all be invited.	Open to the Public
Willow Court	27/05/2019	Willow Bistro	Willow Bistro 7pm	Internal Invite Only
Willow Court	28/05/2019	Pop up restaurant	7pm - Pop up restaurant, Willow Tree (£15)	Open to the Public
Willow Court	29/05/2019	Afternoon Tea	Afternoon Tea with the ladies from Christchurch 2.30pm at the Best Friends Cafe	Open to the Public

Willow Court	07/06/2019	Beside the seaside	11.30am - Beside the seaside , live music with fish and chip cones	Open to the Public
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Regular Events:

Every Tuesday- Willow Worship Church Service From 11-12- Internal Invite Only/ Local school comes to help with gardening/knitting, High Beeches Year 5 children library visit From 2pm

Every Wednesday- Willow Choir Practise From 11-12- Internal Invite Only, BOOK BUDDIES ALDWICKBURY SCHOOL From 2pm

Every Thursday- Dinky Dancers From 10:30-11:30- **Toddlers welcome to join the group, there is a fee paid directly to Dink Dancers Group.**

Every Friday- Wizard Music - The intergenerational classes drive children's musical development through a fun and creative learning experience.

Below is a sample of some of the typical weekly activities at all of our Homes that fit alongside our many events. This balanced programme of activities covers communication, creative, cognitive, music, physical, recreation, relaxation, reminiscence, sensory, social and spiritual.

Daily/Weekly Events

- Parties
- Armchair exercises and musical reminiscence
- Tea parties, coffee mornings and lunch parties
- Multi-denominational church services
- Daily Newspapers
- Pampering mornings
- Exercise to music
- Sing-a-long events
- PAT dog visits
- Arts & Crafts
- Gardening Club
- Family games
- Family dining events
- Cooking clubs
- Home shop
- Board games, word games and quizzes
- Day trips out
- Intergenerational activities